

WELCOME NWT & NUNAVUT PATIENTS!

We hope the information on this page will help answer some questions about your pregnancy care & delivery in Edmonton.



Who are the Mom Care Docs (MCDs)?

- A group of 14 family doctors who provide pregnancy & delivery care
- We run a shared-care practice so you may see any doctor at your appointment
- All doctors work both at the Allin Clinic giving pregnancy care & at the Royal Alexandra Hospital for delivering babies
- We are a teaching clinic so you may see a resident or student, but you will ALWAYS see a Mom Care Doc as well

What will happen at the 1st appointment?

We will:

- Review your pregnancy records with you
- Create a new Alberta pregnancy record
- Complete your GBS swab, if needed
- Make any referrals that are needed
- Give you a copy of your pregnancy records
- Book your next appointment before you leave

What happens next?

- Please complete any lab tests that were requested
- You will see Mom Care Docs at the Allin Clinic once a week until your baby is delivered
- At every appointment we will record:
 - Your weight & blood pressure
 - Baby's heart rate
 - Your belly growth

What if I need help between my appointments?

You have 3 options to contact the MCDs:

1. Call the office Mon-Fri, 9am-430pm
780 482 7551, ext 212
2. Between 430pm-9am, call **780 482 7551**
 - Listen for "the doctor-on-call" & press that number
 - Tell the operator you'd like to speak to the Mom Care Docs' doctor-on-call
3. Go to the hospital

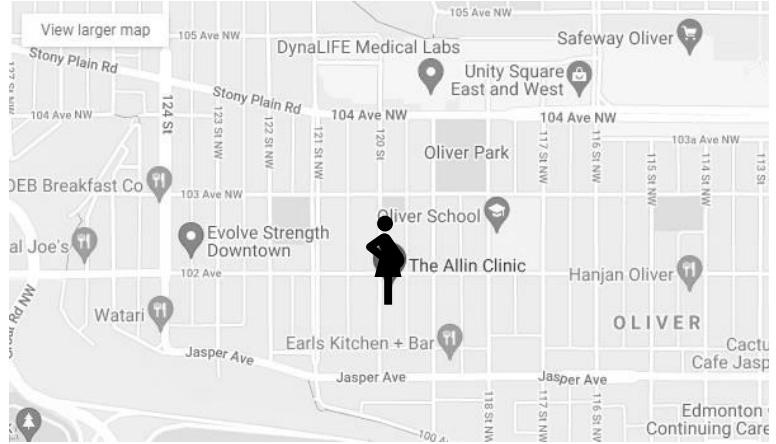
Hospital visits & delivery of your baby

- You need to go the **Royal Alexandra Hospital's Robbins Pavillion/Lois Hole Hospital for Women**, to the **4th floor Labour & Delivery/Assessment Room** (do not go to the Emergency Room!)
- Please tell the hospital you are a patient of the Mom Care Docs
- You may be in labour if your contractions are 1 min long, 3-5 minutes apart consistently for one hour OR if your water breaks (eg. a "whoosh" of fluid from your vagina)
- Always bring your pregnancy records & your overnight bag to the hospital (just in case.)
- If you're unsure whether to go to the hospital, please contact the MCDs
- For more information go to allinclinic.ca > Mom Care Docs > Pregnancy Resources > Labour & Delivery > Lois Hole Hospital for Women Prenatal Brochure

The Allin Clinic

10155 120 St, Edmonton, AB T5K 2A2

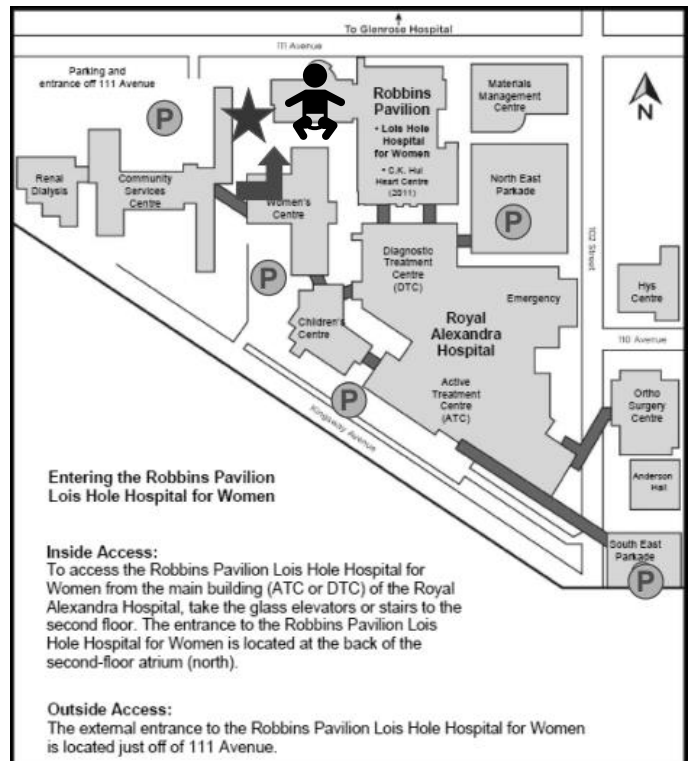
To access Google Maps on your phone, scan this code:




Royal Alexandra Hospital, Robbins Pavilion, Lois Hole Hospital for Women

10245 111 Ave NW, Edmonton, AB T5G 0B6

To access Google Maps on your phone, scan this code:



10155 120 Street, Edmonton

 780 482 7551 ext 212

 /MomCareDocs

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