

## Yellowknife Regional Wellness Council Meeting Minutes

**Wednesday, February 21, 2024**

**4:30 PM – 7:00PM**

**Location: Goga Cho 2<sup>nd</sup> Floor Boardroom**

**Teleconference:** 1 647 556 5305 | Code: 13371256#

**Video:** <https://my.telemerge.ca/meet/13371256>

**Mission:** Working with people to optimize wellbeing through the provision of collaborative and culturally appropriate health and social service

**Vision:** Healthy People, Healthy Families, Healthy Communities

**Values:** Collaboration Accountability Integrity Respect

**Cultural safety:** An outcome where Indigenous peoples feel safe and respected, free of racism and discrimination, when accessing health and social services.

**Acknowledgment of Land:** We acknowledge that we are in the Chief Drygeese territory.

From time immemorial, it has been the traditional land of the Yellowknives Dene First Nation, and more recently, the homeland of the North Slave Métis.

We respect the histories, languages, and cultures of First Nations, Metis, Inuit, and all First Peoples of Canada, whose presence continues to enrich our vibrant community.

### Members:

- ☒ Nancy Trotter, Chair
- ☒ Gloria Enzo
- ☒ Nancy Cymbalisty
- ☒ Elizabeth Liske

- ☒ Gilbert Langsi
- ☐ Lindsay Debassige Regrets
- ☒ Brandie Miersch

### Employees:

- ☒ Meghan Dewhirst
- ☒ Candice Corston

- ☒ Shannon Ploughman

### Guests:

- ☒ Tammy Roberts
- ☒ Lorie-Anne Danielson

#	Item	Time	Responsibility
1.0	Call to Order	4:44	Chairperson
2.0	Reflection/Prayer	6:15	TBD
3.0	Welcome & Introductions		

Northwest Territories Health and Social Services  
Authority

Box 1320, Yellowknife, NT  
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Yellowknife Region

Administration des services de santé et des  
services sociaux des Territoires du Nord-Ouest

C.P. 1320, Yellowknife, NT  
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Région de Yellowknife

	3.1 Acknowledgement of traditional territory	6:16	Chairperson
	3.2 Safety Overview	6:18	Chairperson
4.0	Guest Speakers		
	<p>4.1 Home Base</p> <ul style="list-style-type: none"> <li>• Presentation attached</li> <li>• Question: at what age do the youth age out? Answer: up to 25 years old</li> <li>• Question: Do the youth have family and how involved do they get? Answer: Most youth are affiliated with child and family services; some are newcomers and are homeless.</li> <li>• Question: When you say that you are teaching them life skills, what skills are being taught? Answer: We do cooking classes of all kinds, we have people come in teach the class and then sit and eat with the youth. We also teach budgeting and many more skills that help them get through everyday life.</li> <li>• Question: Do you use the literacy council? Answer: Yes, we do, we also use tree of peace, and many more.</li> <li>• Question: Where does most of your funding come from? Answer: We are always looking for funding. We get some from Reaching home, social development Canada and NTHSSA.</li> <li>• When do you know you have been successful with a youth? Answer: Tammy.” You just need to be present, try to connect and provide a safe place. Every positive connection with a young person is a sign of success.</li> <li>• Question: Do you plan on expanding? Answer: Yes, this will be based on funding.</li> <li>• Question: Do you have a waitlist? Answer: We do have a waitlist.</li> <li>• Question: Is your program able to use Jordans Principle? Answer: Yes, we do it is limited</li> <li>• Question: What age do you feel has the most challenges? Answer: Ages 12-16</li> </ul>	4:50	Tammy Roberts

	<ul style="list-style-type: none"> <li>• Question: Where do you find most of your kids come from? Answer: We find most of our kids come from the foster system and outside communities.</li> <li>• Question: Is there a background check done on the youth? Answer: We do the best we can as they are youth and privacy come in to effect. We do about the same as child and family services would do.</li> <li>• Question: Do the youth come with their own children? Answer: We do have some youth that have their own yes.</li> <li>• Question: Can people send meals in? and can it be any kind of food? Answer: Yes, you can send in food, the youth love all kinds of food. Any one can eat a pizza but its nothing better than a home cooked meal, which the youth don't get often.</li> </ul>		
	<p>4.2 Stanton Territorial Hospital</p> <ul style="list-style-type: none"> <li>• Presentation attached.</li> <li>• Question: Does the Lab still have pagers? I went to get my blood done and was told that it would be more then an hour to get in. We left and came back. Answer: We are starting to post what the wait times when it is going to be over an hour long. Not sure if it has started yet but it is in the process of being started.</li> <li>• Question: What about palliative care? Answer: Still the same, but this is a goal we have for the new building to have.</li> <li>• Question: Is Stanton Territorial Hospital doing anything to reduce its climate change impact? Answer: I just learned this. Yes, there is. So, if the energy consumption goes up a lot, then the group Detra has to pay. We also have a battery recyclable program.</li> <li>• Question: Wait times at Stanton Territorial Hospital Laboratory are high right now. Is this being addressed? Answer: Wait times have increased. We are seeing more complex appointments. More tests are being ordered and still working with the same amount of staffing.</li> <li>• Question: When the new building is built will you lose staff from the hospital? Answer: Yes</li> </ul>	5:25	Lorie-Anne Danielson

	<p>Agenda and Minutes</p> <ul style="list-style-type: none"> <li>No additions</li> </ul> <p>Motion: Gloria Enzo Second: Elizabeth Liske All in favor: Approved</p>	6:20	
5.0	<p>5.1 Review and approval of Previous Meeting Minutes</p> <ul style="list-style-type: none"> <li>November 15, 2023 Motion: Gloria Enzo Second: Nancy Cymbalisty All in favor: Approved with amended changes.</li> <li>January 17, 2024, Motion: Gloria Enzo Second: Gilbert Langsi All in Favor: Approved</li> </ul> <p>5.2 Approval of Agenda Motion: Gloria Enzo Second: Gilbert Langsi All in favor: Approved</p> <p>5.3 Declaration of Conflict of Interest</p> <ul style="list-style-type: none"> <li>NO conflict Declared</li> </ul>		Chairperson
	Business Arising		
6.0	<p>6.1 RWC activity plan update Discussed the April and May meetings.</p> <ul style="list-style-type: none"> <li>The April meeting will be held at (NUP) Northern United Place. NTHSSA Communications will assist with promoting the meeting to the public.</li> <li>May meeting in Lutselk'e. Planning for this meeting will begin as soon as possible.</li> </ul> <p>6.2 RWC Goals and Objectives Discussed ways to increase public engagement.</p> <ul style="list-style-type: none"> <li>A Stakeholder list has been forwarded to NTHSSA communications.</li> <li>All council members will forward meeting electronic posters to their contacts. Paper posters will be distributed to the communities outside of Yellowknife.</li> </ul>	6:29	Chairperson
7.0	<p>Chairperson Report</p> <ul style="list-style-type: none"> <li>Report attached</li> </ul>	6:43	Chairperson
8.0	<p>Yellowknife Region COO Report</p> <ul style="list-style-type: none"> <li>Report Attached</li> </ul>	6:54	YK Region COO
9.0	<p>Roundtable Updates - Community activities, questions, and concerns</p> <ul style="list-style-type: none"> <li>An update on the mental health workshop during Black history month was provided.</li> <li>The well-being of Elders who travel for single medical appointments without an escort is a concern. <b>Suggestion:</b> When an escort is not possible,</li> </ul>	7:02	Chairperson

	<ul style="list-style-type: none"> <li>decrease the number of in-person single medical appointments and increase video virtual appointments.</li> <li>Investigate a place where Elders could spend some time in a peaceful safe environment while waiting for a flight back to their community.</li> <li>Transportation from the Lutselk'e airport to the community is an ongoing concern. There is a need for an ambulance.</li> <li></li> </ul>		
10.0	RWC Report to Leadership Council - Items to take forward to the Leadership Council <ul style="list-style-type: none"> <li>concern for the mental health needs of youth, especially critical with the 60% reduction in child and youth counseling (CYC) positions.</li> <li>Funding for the Office of the Client Experience</li> <li>Medical travel – Elders</li> <li>Long wait times at Stanton Territorial Hospital Laboratory</li> </ul>	7:04	Chairperson
	10.1 Review Action Items – see attached list		
11.0	New Business	6:55	
12.0	Closing Reflections / Prayer provided by member from Lutselk'e	7:13	TBD
13.0	Motion to Adjourn <ul style="list-style-type: none"> <li>Motion: Gloria Enzo</li> <li>Second: Elizabeth Liske</li> <li>All in favor: Approved</li> </ul>	7:15	Chairperson

#### Next Meeting – April 17, 2024

	ACTION ITEMS	OWNER	ASSIGNED	DUE	Completed
1.	Tour of Łiwegòatì (klee weh goh tee)	Meghan Dewhirst	Annie Larochelle	When possible	Feb. 22, 2024 April 2024
2.	Mental Health for black community needs a closer look Chair to take to LC	Nancy T	Nancy T	Ongoing	Update spring 2024
3.	RWC Goals	All Council Members	Nancy T	January 2024	

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