

**Regional Wellness Council Meeting
January 08, 2018
Inuvik Regional Hospital Boardroom / Via Telehealth**

In Attendance Ms. Ethel Jean Gruben, Chair
Ms. Annie Isabel Goose
Ms. Ellen Smith
Ms. Eileen M. Koe
Ms. Donna Keogak
Mr. Vince Teddy (via TeleHealth)

Regrets Denise McDonald

Staff Ms. Arlene Jorgensen, Chief Operating Officer

Public - Two people from the public were in attendance.

1. Call To Order

The meeting was called to order at 9:45 a.m. The Chair welcomed attendees and Mr. Teddy to his first RWC meeting. Introductions were made.

2. Reflection / Prayer

Ms. Koe led the group in an opening prayer.

3. Approval of Agenda

Moved by Donna Keogak, seconded by Annie Goose to approve January 08, 2018 agenda for the Beaufort-Delta Regional Wellness Council with addition;

After item 7. COO's Report

Carried

4. Previous Meeting Minutes

i) Review and Approval

Moved by Annie Goose, seconded by Ellen Smith to approve the Beaufort-Delta Regional Wellness Council September 18, 2017 meeting minutes with corrections.

Carried

ii) Business Arising from Minutes

No business arising from minutes

iii) Action Items from September 18, 2017 Meeting Minutes

Ms. Gruben to approach IRC and GTC for traditional material to send to Poundmakers Lodge in Edmonton.

Ms. Gruben stated that she did contact both organizations and they did express interest in sending traditional material.

The presentation Ms. Jorgensen presented from the first RWC meeting giving an overview of our whole region, stats and charts, would like her to represent at the next RWC meeting.

Ms. Jorgensen stated the presentation is in the package, and has been updated with a focus on young men, boys, and youth as requested by the RWC member.

Ms. Jorgensen is working on reports for each community, little summary of services.

Ms. Jorgensen stated that with the organization changes, and the loss of Directors, she has not had the resources to draft reports, or to ensure information is accurate. As such community reports will not be available as they have been in the past years.

Invite a representative from the health and administration department to the next meeting to discuss health services outside the Northwest Territories. For instance if you are traveling on holidays, or visiting family and friends down south, and you end up in the hospital who would you contact?

Contacted health services information, will follow-up at the next meeting.

5. Chairperson Report

- a) Priorities will stay on the table until they are met
- b) Quality care of our clients
- c) Concerns about suicide in the Beaufort Delta Region
- d) Financial dollars flowing through NWT see more of the mental health and wellness dollars being funnelled through.
- e) Flow those dollars through GTC and IRC, aware pushing for life skills and personal wellness.
- f) Huge issue in the NWT with people coming out of residential schools, pushing for more wellness dollars. Announcement was made that the north will be receiving \$250,000; she asked the authority in Yellowknife to go back to Ottawa to negotiate NWT dollars. \$250,000 does not get past Yellowknife. Ms. Gruben also requested the health authority go back to Ottawa, and look at the number of years residential school was open, how many students attended, and how many support programs are in the NWT.
- g) Number 1 push from this region, also from other regions is medical travel, complicated matter we can address, ask for some type of rules from the NWT Health Inspector, cannot store your traditional food when you are on medical travel (such as fish, muktuk, and geese)
- h) Leadership Council meetings cannot send an alternate, so no concerns were addressed for the last 3 to 6 months. Ms. Gruben stated that she has not received the minutes; once received she will share with the members.
- i) One concern is listening to the news and patients being sent home with Tylenol which was brought up at the Territorial level, looking at each region and the quality of care.
- j) Manager, Quality Improvement, Stacey Christie is the person to speak with for concerns to medical care and the boards own concerns.

Director of Community Development, IRC Evelyn Storr was in attendance and stated that Lesa Semmler is the Health Systems Navigator at IRC; she is there to assist people with issues such as medical travel; more focus on NIHB.

Action: COO to invite Area Medical Director to the next meeting to speak on item 5. i).

Action: RWC members interested in getting information out regarding who they are. COO will contact, Executive Director, Corporate and Support Services, to ask for photos of board members, and for request him to ask Department of Health and social services to do up bios for each RWC member.

Action: Ms. Gruben to do an interview with CBC's Wanda McLeod to do an introduction stating who the RWC members are and what we are achieving.

6. RWC Member Observations and Comments

Ms. Ellen Smith

- Raised a question as to what region does RWC members represent? Response was that each member represents the whole region.

Ms. Eileen M. Koe

- Pleased with the school, youth and elders space they have under the Hamlet, same with DGO did a lot for the community of Fort McPherson.
- Hire local people to go hunting, anything they could to go back to the community
- When is the speech pathologist going to Fort McPherson to work with children, and help them?
- Sitting on the RWC board need to let people know who we are. Have to encourage our people to look around and see what is there; there are a lot of resources.
- Expressed concern regarding residential school, hard time to get them into treatment.
- Expressed concern regarding the different types of drugs coming into the community of Fort McPherson, happy nothing happened in our region with the drugs that is coming in.
- Expressed concern about a lot of loss and grief this past year, how it affected everyone, have to take care of the children when it happened, it was so sad. One thing about our people is we really come together in times of need.

Ms. Donna Keogak

- Expressed a need for a Community Counsellor for Sachs Harbour
- Attended a mental health workshop, good discussion for some possible funding options
- Asked about the Home Support Worker position in Sachs Harbour, related a concern about an elder not having heat for several days.
- 2 adoption commissioners in the region

Ms. Annie Isabel Goose

- Expressed concerns that people had about services they were receiving, getting support from the Manager, Quality Improvement. She stated that whomever she talks to they have to document that on paper, and she sends it to Manager, Quality Improvement.

- Concerns regarding the eye team and dental team need to stay longer in the community, there is always a waiting list
- Expressed concern that when someone is in palliative care to ensure family members are around them, ensure every way on how to help them, especially in later part of their illness.
- Alcohol and drugs still a big block in every community, how to be proactive on that

Mr. Vince Teddy

- Expressed concern regarding the ambulance service in Tuktoyaktuk, from the patient's home to the nursing station. Something needs to be done to the contract for that part of services. Time being the Hamlet of Tuktoyaktuk is working with the contractor to transport patient's from home to the health centre.
- Expressed concern regarding a long term need for truth and reconciliation; needs to be addressed through ourselves as the council with IRC, GTC and to lobby with our Government for residential school survivors and families.
- Raised a concern that NIHB focus on medication, some medication does not meet the medical needs of the patient, work with IRC and GTC to see what is eligible for non-insured health benefits.

Ms. Jorgensen provided some history regarding the ambulance services in communities. In Tuktoyaktuk the previous contractor provided emergency transportation to the health centre before they used to do it out of the goodness of their heart, the contractor now sticks to the contract. Ms. Smith stated that elders in the communities with no vehicles have to make their own way to the health centre.

Ms. Gruben stated that there is a new drug in the Beaufort Delta Region which has the same effect as fentanyl; they are candy drugs in form of gummy bears and in trail mix.

Ms. Gruben welcomed Ms. Storr and Ms. Semmler to the table, asked her if there was any advice or comments she would like to share.

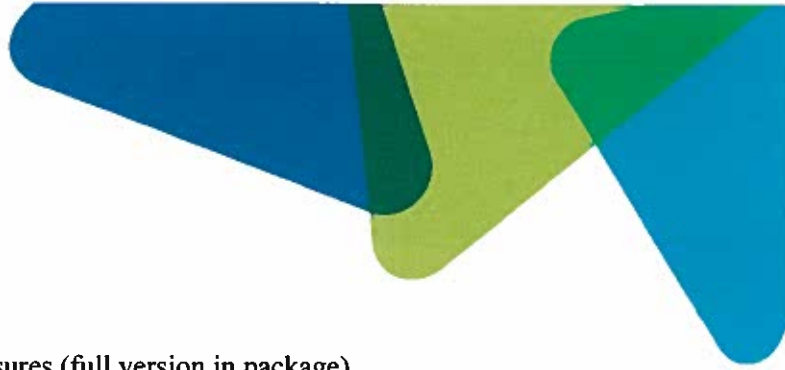
Ms. Storr stated that within the IRC division a Regional Wellness Worker, Ruth Goose started in September, she did an awareness session with the RCMP and organized information centres. Ms. Goose would be the best person to contact with public awareness. If the RWC board would like input, they would have to put in a request and it would be given to Ms. Goose.

Ms. Gruben asked Ms. Storr if anyone goes to her with concerns from the communities. Ms. Storr stated that information is shared with her, how many dealers, it spreads out. In February, Social Services will be giving out cash; we have to be prepared for that as a region, provide programs and services. She also stated that if there is any type of regional concern or is in need of assistance a request form has to be put in to CDD.

A question was raised regarding minutes, how an organization can access them. Ms. Jorgensen stated that the EA will send copies of approved minutes to the Community Corporation's and Bands.

12:10 p.m. Lunch Break

1:25 p.m. Reconvened



7. Projects and Priorities

Discussion was held on meeting package enclosures (full version in package)

- i) NTHSSA BDR RWC - Territorial Issues & Priorities
 - Need for life skills and personal development programs
 - Youth and Young Adults don't know where to go for help
 - Suicide
 - Drugs of abuse Concerns
 - RCMP Visibility
 - Need for Interdepartmental Cooperation and Collaboration
 - Importance of recognizing the quality of Health and Social Service Care, and the HSS Service Providers
 - Need to ensure culturally safe care
 - RWC focus on good health rather than illness
 - Need for ambulance services in surrounding communities

- ii) NTHSSA BDR RWC - Regional Issues & Priorities
 - Youth and Young Adults don't know where to go for help
 - Suicide
 - Need for Interdepartmental Cooperation
 - Importance of recognizing the quality of Health and Social Service Care, and the HSS Service Providers
 - Need to ensure cultural safety care
 - New drugs in surrounding communities

COO's Report

Ms. Jorgensen presented a report to the board highlighting Dashboard of BDR Service delivery; BDR population statistics - focus on gender and youth stats; BDR CCP services for men and boys; BDR highlights September - January; and Next three months. Copy of full report in package.

8. Learning, Development and Innovation

No items were raised.

9. Decision Items and Recommendations to the NTHSSA Leadership Council

Ms. Gruben asked the board if there are any other recommendations to address for the next Leadership Council meeting, besides what was previously addressed? No other recommendations were raised.

10. Date of Next RWC Meeting

Members of the board had a discussion on the date of the next RWC meeting; a tentative date is scheduled for April 11, 2018. EA will contact the members to confirm.



11. Closing Reflections / Prayer

Ms. Annie Isabel Goose closed off the meeting with a prayer.

12. Adjournment

The meeting adjourned at 2:10 p.m.

Recorded by: Lorna Gruben-Matthew

Minutes approved by the NTHSSA – Beaufort Delta Region Regional Wellness Council

On the 18th day of April, 2018


Ethel-Jean Gruben, Council Chair