

**Regional Wellness Council Meeting
November 7, 2018
Aklavik Indian Band Boardroom - Aklavik, NT**

In Attendance Ms. Ethel Jean Gruben, Chair
Ms. Donna Keogak, Sachs Harbour
Ms. Denise McDonald, Inuvik
Ms. Ellen Smith
Mr. Vince Teddy

Regrets Ms. Annie Isabel Goose, Ulukhaktok

Staff Mr. Roger Israel, A/Chief Operating Officer
Ms. Kira Lorber, Regional Manager, Community Health Centres

1. Call To Order

The meeting was called to order at 10:05 a.m.

2. Reflection / Prayer

Mr. Teddy led the group in an opening prayer.

3. Approval of Agenda

Moved by Vince Teddy, seconded by Donna Keogak to approve November 7, 2018 agenda for the Beaufort-Delta Regional Wellness Council.

Carried

4. NWT SPOR Unit - Improve the Accessibility of Health Information - Jullian McLean

Re-scheduled to next RWC BDR Meeting in 2019.

5. Previous Meeting Minutes - July 25, 2018

Review and Approval

Moved by Donna Keogak, seconded by Vince Teddy to approve the Beaufort-Delta Regional Wellness Council July 25, 2018 meeting minutes with corrections.

Carried

6. Business Arising From Previous Meeting Minutes - July 25, 2018

No business arising from minutes.

Action Items from July 25, 2018 Meeting Minutes

Invitation to Ms. Nicole Redvers

Ms. McDonald stated that the board has to continue on exploring inviting Ms. Redvers to the next RWC meeting.

7. Chairperson Report

Topics Discussed at September 25, 2018 Leadership Council Meeting

- a) Report cleaned up from the meeting held in Tuktoyaktuk
- b) Questioning our role as advisors

- c) Concerns stopped in Yellowknife with CEO, Minister did not receive them
- d) Medical travel, the way people are going to health centres
- e) Discrimination needs to be talked about, how do we do it in a sensitive way

8. RWC Member Observations and Comments

Mr. Vince Teddy

- Raised a comment on the how RWC may be seen as advisory, that advisory power has benefits for the minister for the communities and for the department, how do we go about improving daily life?
- Comment on the Governor General Auditor general's report does say there is problems, the community visits, the problems are there now how do we improve and address the problems,
- Raised a concern on staff shortages, doctor goes to Tuktoyaktuk, there is only 2 nurses one has to help the doctor, one nurse to see the daily patients
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Ms. Denise McDonald

- Raised a comment on how do we remind the people we are the ones down here
- Raised a concern about relationship and respect, helping reciprocity, need to be reminded so many people are filled with negativity and drama
- Would like to be updated on a number of children in foster care, the AOG recommendations were not being followed, what is in place and these are the recommendations following through, foster care new solutions found in foster care, the children that are stepping up now, not only in north, happening in Canada,
- Raised a concern that some people on medical travel come into Inuvik without id, cannot go on the plane without id, some mechanism in the communities, get photo ideas
- Raised a concern that somebody that is illiterate, does not have family support help, elders in care, a lot come under trustee, need someone in the region,
- Questions around cannabis, people are not clear on the impact particularly on youth,
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Ms. Ellen Smith

- Raised a concern on how to deliver the health care system
- Raised a concern that there is no assistance in the community, what is available for mental health issues

Ms. Donna Keogak

- Only concern was that the doctor did not make it to Sachs Harbour, the community has been waiting a month.

9. Activities and Priorities

Ms. Gruben stated that the council members are to read the activities and priorities and if there are any comments to forward to her or COO.

A/COO's Report

Mr. Israel presented a report to the board highlighting staff turnover; An interim process has been developed to ensure

Board broke for lunch at 12:26

Board resumed at 1:30

Public - 5 people were in attendance.

10. Meet & Greet

Ms. Gruben introduced the RWC Board to the community of Aklavik

11. Open to the Public

Territorial/Regional/Community

- Notice for the meeting in Aklavik was not advertised, no one knew about the meeting
- Nurses make patients feel rushed after waiting for an hour, then just see them for 5 minutes
- Health Centre in Aklavik is understaffed
- Staff with bad behaviour or unacceptable behaviour - this needs to be addressed through the proper NTHSSA HR channels if the health authority expects to see the bad behaviour stop or improve
- Referrals
 - How long do they take?
 - Not updating with the patient
 - What is the process? Who do you call?
- Orientating Nurses is utmost importance when they arrive into the community
- Social Workers
- Why losing so many either resigning or retiring
- Need a support person in each Health Centre, for people that do not understand medical terms
- Wait time to see specialist means long wait time for treatment that could potentially save lives
- One mental health worker in the community, gone all the time, should have a relief counselor, like there is relief workers for nurses.
- Support for men same as support provided for woman and children. We need to lose the stigma of men needing or not needing support.
- Lack of mental health and addictions,
- No AA meetings,
- No support for people that return from treatment
- Young people have nowhere to turn but drink
- Do not want to see mental health worker at health centre; stigma of what people might think.
- What is available in the community for mental health issues?

Medical Supplies

- When a patient needs over and above medical supplies on what doctor prescribes; have to fill out an application; then it goes to the Minister's office for approval

Regional/ Community Specific

- Community does not have a regular doctor in the community, see which ever doctor is visiting and have to tell your illness over and over again
- Concerns over files confidentiality health and social services not adhering to it in the past

Issues or Concerns to bring forward to Leadership Council

- Auditor General is not addressing what the communities are saying, it is a hard task the DHSS and the NTHSSA BDR should address together
- No respite care in the communities, have to go to Inuvik

12. Decision Items & Recommendations to the NTHSSA Leadership Council

Ms. Gruben asked the board if there are any other recommendations to address for the next Leadership Council meeting, besides what was previously addressed? No other recommendations were raised.

13. Date of Next RWC Meeting

Members of the board had a discussion on the date of the next RWC meeting; a tentative date is scheduled for February 6, 2019 in Inuvik. EA to contact the members to confirm.

14. Closing Reflections / Prayer

Mr. Vince Teddy closed the meeting with a prayer.

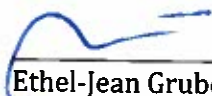
15. Adjournment

The meeting adjourned at 7:25 p.m.

Recorded by: Lorna Gruben-Matthew

Minutes approved by the NTHSSA – Beaufort Delta Region Regional Wellness Council

On the 30 day of July, 2019



Ethel-Jean Gruben, Council Chair