

## Yellowknife Regional Wellness Council Meeting Minutes

**Wednesday, February 22, 2023**

**4:30 PM – 7:00PM**

**Location: Northern United Place (5403 Franklin Ave)  
2<sup>nd</sup> floor Room 205**

**Teleconference: 1 647 556 5305 | Code: 13371256#**

**Video: <https://my.telemerge.ca/meet/13371256>**

**Mission:** Working with people to optimize wellbeing through the provision of collaborative and culturally appropriate health and social service

**Vision:** Healthy People, Healthy Families, Healthy Communities

**Values:** Collaboration Accountability Integrity Respect

**Cultural safety:** An outcome where Indigenous peoples feel safe and respected, free of racism and discrimination, when accessing health and social services.

**Acknowledgment of Land:** We acknowledge that we are in the Chief Drygeese territory.

From time immemorial, it has been the traditional land of the Yellowknives Dene First Nation, and more recently, the homeland of the North Slave Métis.

We respect the histories, languages, and cultures of First Nations, Metis, Inuit, and all First Peoples of Canada, whose presence continues to enrich our vibrant community.

**Members:**

**A** Nancy Trotter, Chair

**A** Gloria Enzoe

**A** Nancy Cymbalysty

**R** Elizabeth Liske - Regrets

**A** Gilbert Langsi

**R** Marie Speakman- Regrets

**A** Brandie Miersch

**Employees:**

**A** Lorie-Anne Danielson

**A** Shannon Ploughman

**A** Cynthia Jewell

**Guests:**

Kristy Jones

One public attendee

#	Item	Time	Responsibility
1.0	<b>Call to Order</b>	4:47	Chairperson
2.0	<b>Reflection/Prayer</b> was led by Gilbert Langsi (GL)	4:48	TBD
3.0	<b>Welcome &amp; Introductions</b> Nancy Trotter welcomed everyone. Round table introduction for the guest speaker		
	<b>3.1 Acknowledgement of traditional territory</b>	4:50	Chairperson

	<b>3.2 Safety Overview</b>	4:34	Chair
4.0	Guest Speaker		
	<b>4.1 Child and Family Services Update</b> Presentation Attached		
	Focus of Discussion: Child, Family and Community Wellness Update		
	Question: Does this program offer provisions for 1 on 1 counselling? Answer: With the support of the worker, we will set up counselling support. The worker will do their best to connect the family with the right service they are looking for.		
	Question: Where is the center located in Yellowknife? Answer: We operate out of the Jan Sterling building 2 <sup>nd</sup> floor above public health.	4:52	Kristy Jones
	Question: What kind of programs do you have for fathers? Answer: We have a pilot program for fathers only but we have not seen a lot of interest in the program.		
	Question: There was an OAG report in the news, how is this going? Answer: Slides 4 & 5 show quality improvement progress. We have had lots of challenges but are making progress. We are always working on this.		
5.0	<b>Agenda and Minutes</b>		
	<b>5.1 Previous Minutes: Review/Approval</b> January 18, 2023		
	<ul style="list-style-type: none"> <li>• Motion: Gilbert Langsi (GL)</li> <li>• Second: Gloria Enzo (GE)</li> <li>• All in favor: Approved</li> </ul>		
	<b>5.2 Approval of Agenda</b> Error noted in location on agenda	5:50	Chairperson
	<ul style="list-style-type: none"> <li>• Motion Nancy Cymbalisky (NC)</li> <li>• Second: Gloria Enzo (GE)</li> <li>• All in favor: Approved with above correction to be made.</li> </ul>		
	<b>5.3 Declaration of Conflict of Interest</b>		

	No Conflict declared		
	<b>Business Arising</b>		
6.0	<p><b>6.1 RWC Activity Plan</b> Next meeting in April hoping to have in N'Dilo or Dettah.</p> <p><i>ACTION: Meeting to be set up between EL, Chair, COO and EA to plan.</i></p>	5:55	Chairperson
7.0	<p><b>Chairperson Report</b> Report Attached. Thanked EL for chairing last meeting. Chair met with Austin Marshal, received an invitation from the Rotary Club of Yellowknife to give a presentation on the role of the Yellowknife Regional Wellness Council. Chair will attend and present on March 30,2023, 12:00 at the explore hotel. <i>ACTION: COO to attend if available.</i></p>	6:00	Chairperson
8.0	<p><b>COO Report</b> Report Attached. Preparing for the move to Stanton Legacy, construction is scheduled to be completed in March. COO will keep RWC updated. COO coffee breaks are happening and going well. COO invite any council members to join. TV's at YPCC and FLC are being reactivated.</p> <p><i>ACTION: COO to send out dates of coffee breaks for RWC to attend. Important to note that this would be as an observer, to promote the RWC and to introduce the RWC members to the staff.</i></p>	6:05	COO
9.0	<p><b>Roundtable Updates</b> - Community activities, questions, and concerns</p> <p>Yellowknife (NC): Would like to see a tool set up so that council members could also send out notices for the meetings. Something like a poster, Facebook posts. etc.</p> <p><i>ACTION: EA to work with Communications on developing an electronic invite that the RWC members could send out.</i></p> <p>NC had contacted homecare on a personal matter and had gotten mixed messages on how to proceed.</p> <p><i>ACTION: COO to follow up with NC.</i></p>	6:25	Chairperson

	<p>Yellowknife (GL): February is black history month there is a Gala open to everyone on Feb. 25,2023. GS attended a round table talk where he was informed that the black community needs more support on mental health.</p> <p>Lutsel K'e (GE): Spoke of an elder passing of cancer. Cancer rates in community are high for a small community. Would like to know why and what can be suggested for help?</p> <p><i>ACTION: COO to speak with Cancer Care team and put them in contact with GE.</i></p> <p>Fort Resolution (BM - Phone): Cancer rates are high in many of the smaller communities and would like to know why. Is there testing that can be done? Nurse is fabulous</p> <p><i>ACTION: COO to speak with Cancer Care team and put them in contact with BM.</i></p> <p>Mental health problems are increasing with the youth in the communities they need more support services.</p>		
10.0	<p><b>10.1 Community Member Roundtable:</b> Public Member (MM): Felt that there needs to be more communication on when and where meetings are.</p> <p><i>ACTION: COO to follow up with Communications team.</i></p>	6:40	Chairperson
11.0	<p><b>RWC Report to Leadership Council - Items to take forward to the Leadership Council</b> <u>Recommend that there be more Indigenous patient advocates hired for each community or each region. They are needed to assist clients accessing services in and out of the communities before they are admitted to the acute care centres.</u></p>	6:45	Chairperson
	<p><b>11.1 Review Action Items</b> 1.0 Restaurant Cost Analysis to be deferred to next meeting. 2.0 Tour Legacy STH Building - Leadership Council going early March. EA to work with Project team and schedule tour of Stanton legacy and AVENS. 3.0 As discussed in 6.1</p>	6:55	

12.0	<b>New Business</b> None		
13.0	Closing Reflections / Prayer done by GE	6:59	TBD
14.0	Motion to Adjourn - ??????	7:00	Chairperson

Next Meeting – April 23, 2023 in N’Dilo or Dettah – to be announced

	<b>ACTION ITEMS</b>	<b>OWNER</b>	<b>ASSIGNED</b>	<b>DUE</b>	<b>Completed</b>
<b>1.</b>	Cost Analyst – Restaurants	Lorie-Anne	Cynthia	April 2023	
<b>2.</b>	Tour Legacy STH Building (Jan/Feb)	Lorie-Anne	Cynthia	April 2023	
<b>3.</b>	Meet to plan next meeting in N’Dilo or Dettah	Lorie-Anne	Shannon	March 2023	
<b>4.</b>	Meet with the Rotary Club	Lorie-Anne / Nancy Trotter	Shannon	March 2023	
<b>5.</b>	RWC Council Members to join the COO Coffee break meetings to observe and meet the staff	RWC Council	Shannon	On going 2023	
<b>6.</b>	Elizabeth to work with Communications on developing an electronic invite	Elizabeth Liske	Shannon	April 2023	
<b>7.</b>	COO to follow up with Nancy Cymbalysty on home care issue	Lorie-Anne	Shannon	March 2023	
<b>8.</b>	COO to speak with Cancer Care team and put them in contact with GE.	Lorie-Anne	Shannon	April 2023	
<b>9.</b>	COO to speak with Cancer Care team and put them in contact with BM.	Lorie-Anne	Shannon	April 2023	
<b>10.</b>	COO to follow up with Communications team about developing an email that members can send out with meeting dates.	Lorie-Anne	Shannon	April 2023	
<b>11.</b>	Invite Ndilo/Dettah Chief – April Meeting	Nancy T	Elizabeth	April 2023	