

# Do you need health care not related to COVID-19?

You and your family can still access health care services during the COVID-19 pandemic. Some services are being offered in different ways, or with added health and safety measures.

If you need to access health care in the NWT during the COVID-19 pandemic, please take the following steps.

1. Visit [www.nthssa.ca/covid19](http://www.nthssa.ca/covid19) to see all recent updates to changes in health care services.
2. Call your health centre, clinic, or the specific health service before leaving your house. They will assess your needs over the phone and give you guidance on how to access the services you need.
3. You may be offered a Virtual Care appointment. This will happen over phone, video, or messaging, on a platform that works for both you and your health care provider.
4. If your health care provider decides that an in-person visit is needed, you will make a plan together. This might include waiting outside and calling when you arrive, or putting on a mask or gloves before entering.



*Services have changed, but your health care providers are working hard to keep everybody safe and healthy.*



Please contact your local health care provider if you or somebody in your family needs help.