

## Yellowknife Regional Wellness Council Meeting Agenda

**Wednesday, May15, 2024**

**4:30 PM – 7:00PM**

**Location: Goga Cho Board Room**

**Microsoft Teams: 1 867-675-1042 | Code: 556 666 457#**

**Video Conference ID: 112 499 025 5**

**Mission:** Working with people to optimize wellbeing through the provision of collaborative and culturally appropriate health and social service

**Vision:** Healthy People, Healthy Families, Healthy Communities

**Values:** Collaboration Accountability Integrity Respect

**Cultural safety:** An outcome where Indigenous peoples feel safe and respected, free of racism and discrimination, when accessing health and social services.

**Acknowledgment of Land:** We acknowledge that we are in the Chief Drygeese territory.

From time immemorial, it has been the traditional land of the Yellowknives Dene First Nation, and more recently, the homeland of the North Slave Métis.

We respect the histories, languages, and cultures of First Nations, Metis, Inuit, and all First Peoples of Canada, whose presence continues to enrich our vibrant community.

### Members:

- |  |  |
|--|--|
| <input type="checkbox"/> Nancy Trotter, Chair      | <input type="checkbox"/> Gilbert Langsi            |
| <input type="checkbox"/> Gloria Enzoe - regrets    | <input type="checkbox"/> Lindsay Debassige-regrets |
| <input type="checkbox"/> Nancy Cymbalisty          | <input type="checkbox"/> Brandie Miersch           |
| <input type="checkbox"/> Elizabeth Liske – regrets |  |

### Employees:

- |  |  |
|--|--|
| <input type="checkbox"/> Meghan Dewhirst | <input type="checkbox"/> Shannon Ploughman |
|--|--|

### Guests:

- |                                       |                                       |
|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> Kristy Jones | <input type="checkbox"/> Sandy Little |
|---------------------------------------|---------------------------------------|

#	Item	Time	Responsibility
1.0	Call to Order	4:30	Chairperson
2.0	Reflection/Prayer	4:35	Chairperson
3.0	Welcome & Introductions		
	3.1 Acknowledgement of traditional territory	4:36	Chairperson

Northwest Territories Health and Social Services  
Authority

Box 1320, Yellowknife, NT  
X1A 2L9  
Yellowknife Region

Administration des services de santé et des  
services sociaux des Territoires du Nord-Ouest

C.P. 1320, Yellowknife, NT  
X1A 2L9  
Région de Yellowknife

	3.2 Safety Overview	4:36	Chairperson
4.0	Guest Speakers		
	<p>4.1 Mental Health Update</p> <p>Presentation Attached</p> <p>Statement: One of the hardest things the black community finds is when they first come. Everything is so different culture, food, weather. So many things. When people see people that look like them it makes it easier to talk to. With all this work happening it is helping it is easier for us to confide talk to someone. I thank you for this.</p> <p>Question: We have provided some resources, and this is in the communities. I have hung up the posters. We have a family, and they have been struggling asking for help and no one is helping this family the way they need. I have been reaching out and doing what I can. They have been to the health center and have said they talk with them until she stops crying then sends them home. I sent pictures of the posters and went on the government website and sent resources. How are we turning these people away and not getting them the help they need.</p> <p>Statement: You have done exactly what you should have done. You got her resources great first step. We do have a counselor that goes to the community week on week off. Would you be willing to go to the health center or someone she trusts with her. I will make sure you get my info, and we can connect online, and I can help with some more resources. We have trainers that can come and train some resources.</p> <p>Question: Can anyone do the training for Applied Suicide Intervention Skills (ASIST) and Mental Health First Aid, or do you have to sign up as a group?</p> <p>Answer: You can sign up by yourself, it may take a little longer.</p>	4:37	Sandy Little
	<p>4.2 Child and Family Services</p> <p>Presentation Attached:</p> <p>Question: we have two centers, one in Fort Smith and in Yellowknife. If a child is struggling and older then 12 would they be sent away?</p> <p>Answer: These two centers have closed. Sometimes</p>	5:21	Kristy Jones

	<p>we did have to send a child away. We really had to look at how we are doing things. We are redesigning the program with these two-building closing.</p> <p>Question: sounds like the pilot Youth Cultural Wellness camp has been very successful and funding is a hard thing to come by. How will this effect the program going forward?</p> <p>Answer: This program is core funded. We do have some government agencies wanting to join and work with us.</p> <p>Questions: Related to the Healthy Family Program supporting YKDFN members in Dettah, Ndilo and Yellowknife. The healthy family program in other communities have a space. Is there a space for the Dettah, Ndilo program or do they come to the Yellowknife space?</p> <p>Answer: they do have a space however it will look very different. I will follow up on this.</p> <p>Question: Do you have many people using the care giver support agreement?</p> <p>Answer: In some regions yes, we have high numbers. We see this program growing and the need is increasing.</p> <p>Statement: we have a family that is very unsafe and social workers are just going and dropping off food. When they finally get apprehended, they get placed in a family members home and then they are snuck back into their home. What can we do, how can we help them.</p> <p>Answer: This sounds like a weird situation; I would like to connect offline to chat about this.</p> <p>.</p>		
	Questions		
	Snack Break		
	Agenda and Minutes	6:16	
5.0	<p>5.1 Review and approval of Previous Meeting Minutes</p> <ul style="list-style-type: none"> <li>April 17,2024</li> <li>Approved with correction to the last page.</li> <li>Correction: I feel like we have a generic way to find statistics. Is there a way to separate all the statistics by ethnicity to</li> </ul>		Chairperson

	<p>find out culturally how this effects each ethnicity?</p> <p>Motion: Gilbert Langsi Second: Brandi Miresche All in favor: Yes</p>		
	<p>Approval of Agenda Motion: Brandi Miresche Second: Nancy Cymbalisty All in favor: Yes</p>		
	<p>5.3 Declaration of Conflict of Interest No conflict to Declare</p>		
7.0	<p>Chairperson Report Report Attached</p>		Chairperson
8.0	<p>Yellowknife Region COO Report Report Attached</p> <p>Question: with all these changes to the teams from 10 mini teams to 4 full teams, will there be any job losses?</p> <p>Answer: No not at all</p>		YK Region COO
9.0	<p>Roundtable Updates - Community activities, questions, and concerns</p> <p>Statements: The breast help breast action group has been around for a very long time. They sent a letter to the new minister of health about the breast screening process that just came out. The websites are all different, so the group got together and sent a letter. They got a letter back from the minister and it said thank you and that this will be all fixed. We as a group felt that was great.</p> <p>Sharing a Letter from The Honorable Lesa Semmler Minister of Health and Social Services to the Breast Health / Breast Cancer Action Group regarding the correction of discrepancies in Breast Screening guidelines on various government websites. The discrepancies occurred after the recent release of Breast Screening Guidelines in NWT. for 2024. The guidelines follow Alberta guidelines and do not reflect changes in the rest of the country. Most provinces have lowered the breast screening age to 40 from 45 because more younger women are being diagnosed with breast cancer.</p>		Chairperson

	The Canadian Cancer Society recently issued a statement supporting lowering the breast screening guidelines for women to 40 years of age.  Letter Attached.		
10.0	RWC Report to Leadership Council - Items to take forward to the Leadership Council Continued concern for the mental health needs of youth following the 60% reduction in child and youth counseling (CYC) positions.		Chairperson
11.0	New Business		
12.0	Closing Reflections / Prayer	7:08	Gilbert
13.0	Motion to Adjourn  Declared Adjourn	7:09	Chairperson

#### Next Meeting – June 19, 2024

	ACTION ITEMS	OWNER	ASSIGNED	DUE	Completed
1.	Tour of Łıwegòatì ( <i>klee weh goh tee</i> )	Meghan Dewhirst	Annie Larochelle	When possible	Some members received a tour in Feb. 2024
2.	Clarification to Breast screening guidelines	Meghan Dewhirst	Meghan Dewhirst	When possible	