

52 NTHSSA Improvements in 52 Weeks

For the next 52 weeks, the NTHSSA will be celebrating one improvement each week! These weekly reports are one way we're working to recognize some of the staff-led initiatives, that are making a real difference across the organization for both staff and clients. It's all part of our commitment to being responsive, showcase innovation, and demonstrate progress we're proud to be making together.

Week 13 of 52 (Week of September 22, 2025): YK Region Neurodivergent Education Group, Pilot Project

Change Driver: Feeding differences are common in autistic children, which can cause stress for caregivers, raise concerns about nutrition, and impact mealtime experiences. Staff in YK region have recognized an increase in families seeking practical strategies and clarity on when to seek nutrition support.

Link to System Vision: This links to 'Best Health' supporting equitable access, family-centered care, and continuous improvement.

Improvement Initiative: This staff-led idea, which was to host an educational group for caregivers of neurodivergent children (primarily pre-school aged) with feeding differences was a collaboration between the Territorial Specialist, Kerri Adams, Occupational Therapist, Molly Beauregard (both pictured here), and Dietitian, Audra Donison. Five families participated and the sessions that included advice from staff, reflective activities, and caregiver discussion. Feedback was very positive, with families highlighting the value of connecting with other caregivers and accessing practical strategies. With this feedback, the team hopes to continue these services, including expanding to virtual options to increase accessibility for families outside Yellowknife.

