

How can the Cancer Navigation Team help me?

The Cancer Navigation Team is comprised of experienced Registered Nurses and a Registered Social Worker. The Cancer Navigation team is available through all stages of your cancer journey. They can:

- Ensure you're fully informed about your tests, treatments, symptoms, and medications.
- Help you prepare for your appointments.
- Act as a contact point to answer questions and coordinate care between all members of your healthcare team.
- Provide you with emotional, spiritual or psychological support and connect you with other community resources.
- Help you with follow-up care and support you through life after treatment.

Contact

You can contact the Cancer Navigation Team directly or through a referral from one of your NWT health care providers.

Toll Free: 1-866-313-7989 opt. 3

Email:

Cancer Nurse Navigators:
cancer_navigator@gov.nt.ca Oncology
Medical Social Worker:
cancer_socialwork@gov.nt.ca

NTHSSA Oncology Clinic Registered Nurse
1-866-313-7989 opt. 4
Stanton Territorial Hospital Chemotherapy
Unit 1-866-313-7989 opt. 5

www.cancernwt.ca

Une version française de ce document est disponible.

Northwest Territories Health and Social Services Authority
Box 1320, Yellowknife, NT
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Cancer Navigation Team

Helping you through your Cancer Journey

Services from the Cancer Navigation Nurses

The Cancer Navigation Nurses are able to offer information and emotional support throughout your cancer journey. They can help you:

- Prepare you for appointments
- Better understand the various tests, treatments, medications, and symptoms
- Answer questions
- Coordinate care between your healthcare team

Sometimes, people may experience challenges within the NWT and in other provinces such as Alberta. Our nurses can help you navigate between these systems to reduce anxiety and address any concerns or questions.

The diagnosis of cancer can be overwhelming, but you do not have to face it alone.

The Cancer Navigation Team can help you through this journey and is here to support you.



Services from the Oncology Medical Social Worker

The Social Worker offers support and services to patients and family members to help reduce emotional distress and explore ways to cope with a cancer diagnosis and changes that may occur along the cancer pathway.

- Communication (such as how to talk to family and friends about your cancer)
- Stress, anxiety, or depression
- Quality of life
- Body image or sexual health
- Relationships
- End of life care

Having cancer can also create practical challenges for you and your family. The social worker will work with you to help navigate questions and concerns about government benefits, loss of income, personal or legal questions, drug coverage, accommodations and transportation, and more.