

## Tester Script for a Positive Antigen Result

### TESTER PLEASE NOTE:

Script is in black, instructions for actions by the tester are *italicized and in blue*

*(As a test provider ensure that you have ensured privacy, speak slowly and clearly, remain calm and focused on the person that you are speaking with.)*

I have your screening results ready to share with you.

Today your screening test result is positive. I know that this news is often hard to hear.

*(Pause, listen and observe reaction. Acknowledge and validate their concerns and indicate that you have further information to review with them.)*

### Two things must happen now:

- 1. Immediately Isolate**
- 2. Call 811 to Self Report Positive Results**

ProtectNWT is available 8 am to 6 pm, seven days a week by calling 811 (within NWT) and [1-833-378-8297](tel:1-833-378-8297) (outside NWT) and by email: [protectnwt@gov.nt.ca](mailto:protectnwt@gov.nt.ca).

## Do I need to book a COVID-19 test?

To help NWT residents better understand if booking a COVID-19 test at a clinic or health centre is required, please use the following navigation tool: [Do I need to book a COVID-19 test?](#)



You are required by the law under the *Public Health Act* to start isolating immediately to stop the spread of COVID-19 to others.

- We know that this is hard, and can present difficulties
- it is the best thing you can do to protect the health of your family, friends and community.

**Self –isolation means you:**

- 1) DO NOT go to work or school
- 2) DO NOT go to public areas, including places of worship, stores, shopping malls, drive-thru and restaurants
- 3) DO NOT have visitors in your home
- 4) DO NOT take buses, taxis, or ride-sharing where you would be in contact with others
- 5) DO NOT board an aircraft
- 6) CANCEL or reschedule non-urgent appointments; let them know you are on isolation
  - a. If you must attend a medical appointment, you must inform Public Health when they call you and they will help you make a safe referral to your doctor.
  - b. If you have a medical emergency, you can leave your home to go to the hospital or health center. Wear a mask and take along hand sanitizer. Call ahead to the hospital to let them know you are coming. If you are having serious symptoms call 911 and tell them that you are self-isolating for COVID-19.
- 7) ASK for help from family or friends to drop off food or use a delivery service
  - a. When items are dropped off, they should be left outside your door for you to avoid contact with that individual.
- 8) In your home, if you are sharing your home with others you must isolate away from them. Stay and sleep in a room that has good airflow and is away from others. Use a separate bathroom if you can.
- 9) It is OK to be outside on your own property including your back yard or a balcony, as long as you are not near other people
  - a. Do not leave your private property
  - b. Do not go for walks
  - c. Do not have contact with others in your home

You don't have any symptoms today so it is important that you self-monitor or watch closely for any symptoms in yourself or the other people in your home.

- If you have a thermometer, take your temperature twice a day to see if you develop fever.
- Other symptoms to monitor include cough, chills, difficulty breathing or shortness of breath.

Once your confirmation test is complete, someone from Public Health will be calling you to follow up with more information and will talk to you about what you need to do next to take of yourself and the people that you love and care about.

- That call should happen within 1 to 3 days after your confirmation test.
- When you get home please start making a list of where you have been and who you have been in contact with over the past 14 to help public health

*(Please ensure that you have discussed the following with your organization and that you know who to refer to if the individual has questions about:*

- *Transportation home if they do not have a personal vehicle*
  - *In Yellowknife call the COVID-19 Shuttle at [867-446-1994](tel:867-446-1994)*
- *Mental health supports when provided with this information.*

*If the individual has questions, reassure them that the majority of individuals in our Territory who have been infected with COVID-19 have recovered and that our public health system is going to support them. If they have more questions about their personal health, suggest that they call public health or their primary care provider to discuss their individual particular concerns.*

**Unless you are a licensed health care professional with an appropriate scope of practice and delegated authority by OCPHO, you may not give any medical or health advice or other guidance on isolation or public health measures aside from what is written in these documents.**