



Adult FASD Diagnostic Clinic

What is FASD?

Fetal Alcohol Spectrum Disorder (FASD) is a term that describes the range of effects that can occur in an individual whom has experienced prenatal alcohol exposure (PAE).

What is the Adult FASD Diagnostic Clinic?

The Adult FASD Diagnostic Clinic is a program designed to assess and diagnose individuals who experienced PAE.

The goal of the Adult FASD Diagnostic Clinic is to develop and implement appropriate intervention strategies for adults diagnosed with FASD and their support network.

What is the Admission Criteria to the Program?

- Completed referral form and signed '*Adult FASD Diagnostic Clinic Consent for Release/ Exchange of Personal Information and Personal Health Information*'.
- Ability to obtain confirmation of PAE from biological mother, reliable source (family member, health records, adoption records, Child and Family Services).
- Support network in place (i.e. Family, Social Worker)

What is the referral process to the FASD Diagnostic Clinic?

Referrals to the Adult FASD Diagnostic Clinic can be made by any of the following:

- ◇ Health and Social Services Worker
- ◇ Government and non-government organizations
- ◇ Family members
- ◇ Self-referrals

Referral forms are accessed through the NTHSSA website, Electronic Medical Records (EMR) or by contacting the Adult FASD Program Coordinator.

Referral to the clinic is a voluntary process where clients can withdraw their consent and participation in the clinic at any time.

Who is part of the Diagnostic Team?

- The multidisciplinary team members include:
 - ◇ Adult FASD Program Coordinator
 - ◇ Physician, Neuropsychologists
 - ◇ Speech Language Pathologist
 - ◇ Occupational Therapist
- The multidisciplinary team collaborates to diagnose and provide individualized recommendations to support individuals with FASD.



How do we diagnose FASD?

- The multidisciplinary team members assess all 10 brain domains:
 1. Motor Skills
 2. Neuroanatomy/physiology
 3. Cognition
 4. Language
 5. Academic Achievement
 6. Memory
 7. Attention
 8. Executive Function (Impulse Control/Hyperactivity)
 9. Affect Regulation
 10. Adaptive Behaviour, Social Skills, or Social Communication
- A diagnosis of FASD is made when individuals present with severe impairment in at least 3 of the above brain domains.
- Confirmation of PAE is required to complete the diagnosis.
- The only exception to making an FASD diagnosis without PAE is if the individual presents with all three of the sentinel facial features.

What follow up services are provided post clinic/FASD diagnosis?

- Follow up by the Adult FASD Program Coordinator is done in the individuals home community and conferences are set with community supports/employer/family or others as recommended.
- The Adult FASD Program Coordinator will follow up with individuals and their supports as needed within the first year; to ensure recommended supports are in place.

What is the Adult FASD Program Coordinators Role?

- Receive and triage referrals
- Obtain Confirmation of PAE
- Obtain Social History
- Schedule Clinic
 - ◇ Multidisciplinary Team Assessments
 - ◇ Schedule conferences (Team, Family, Community)
 - ◇ Coordinate medical travel
 - ◇ Develop a comprehensive report
- Coordinate follow up services depending on recommendations with the following:
 - ◇ Income support
 - ◇ Housing
 - ◇ Adult Services
 - ◇ Counseling Services
 - ◇ Rehabilitation services
 - ◇ Social Worker

For further information contact

Adult FASD Program Coordinator
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