

## Get in Touch!

Colville Lake: (867) 709-2112

Deline: (867) 589-5555

Fort Good Hope: (867) 598-2211

Fort Liard: (867) 770-4770

Fort McPherson:  
(867) 952-2245 Ext. 6

Fort Providence:  
(867) 699-3421 Ext. 3026

Fort Simpson: (867) 695-2293 Ext. 1002

Fort Smith: (867) 872-6283

Fort Resolution: (867) 394-4511 Ext. 22

Hay River: (867) 874-8470

Inuvik: (867) 777-4400

Tuktoyaktuk:  
(867) 977-2511 Ext. 1004

Yellowknife:  
(867) 767-9118 Ext. 41150

**The Healthy Family Program is a territorial program, designed to support and enhance the development of children under the age of 5.**

**Staff at our Healthy Family Program provide support and information on parenting to expectant parents and families with young children.**

Some services are offered virtually due to COVID restrictions. Please call to find out what services are available.

Une version française de ce document est disponible.

**Northwest Territories Health and Social Services Authority**  
Box 1320, Yellowknife, NT  
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NORTHWEST TERRITORIES  
**Health and Social  
Services Authority**

**Healthy Family  
Program**

**Supporting parents  
where they live**

## The Healthy Family Program

### Who can join the Healthy Family Program?

If you are pregnant or have an infant or child aged 0-6 then the Healthy Family Program is for you. This program does not cost anything to join.

### How can I join the Healthy Family Program?

You can refer yourself to the Healthy Family Program. Contact your local healthy family program to set up an appointment. A Healthy Family Worker will call you and schedule a meeting to talk about the Healthy Family Program and to see if it is right for you.



The most important phase of development in a child's life is the period from birth to age three. Babies need caring and stimulating environments in order to grow and do well.

We provide family support services that focus on parent-child attachment, as well as parenting skills and childhood development for children prenatal to age four.

We connect families to resources in the community and provide one-on-one support, based on what families want and need.

The program is fun, free and open to anyone who has young children (prenatal to age six) and is interested in learning and sharing about children and parenting.

There are lots of ways to connect with the program that can work for different situations and schedules.