

Regional Wellness Council (RWC) – Sahtu Region
DRAFT - Meeting MINUTES
October 10 2023, | 1:00 pm – 4:00 pm
Norman Wells, NT – Via Teleconference

#	Item	Notes
1.0	Call to Order by Chair	1:14 PM
2.0	Reflection/Prayer	
	Prayer led by Gina Dolphus.	
3.0	Attendance	
	<u>Attendees:</u> Gina Dolphus – RWC Chair - Virtual Angela Grandjambe – RWC Member Loretta Wiley – RWC Member Alexis Peachey – RWC Member – Virtual Melanie Harding – RWC Member Angela Bernarde – RWC Member (via teleconference) - Virtual Mireille Hamlyn – Chief Operating Officer (COO), NTHSSA – Sahtu Region Lynda MacCauley – Executive Assistant to COO (Recorder)	
	<u>Guests:</u> Ronald Pierrot - FGH	
	<u>Regrets:</u> Cathy Mackeinzo – Taylor – RWC Member	
	Approval of Agenda	
	<i>The Council moves to approve the Agenda as presented:</i> Motion #10-23 Moved by: Angela Grandjambe Seconded by: Loretta Wiley All in Favour. Motion Carried.	
5.0	Presentation(s)	Action
	Beaufort Delta Mental Health Initiative – Arlene Jorgenson	

	<p>RWC Member Dolphus – Could never find our own people to obtain a job. Presentation helped define how to do this in the Sahtu. Put information there. Jobs are always seeking job descriptions for counsellors, traditional counsellors, positions, pay grade, degree, masters.</p> <p>RWC Member Peachey – Resonates what we need in the Sahtu. Spaces, places, locations, collaboration. Food pantry example; being moves out of office to warming/cooling shelter so individuals are comfortable to come-in.</p> <p>RWC Member Dolphus – Elders as advisors/counsellors – do they use elders? Arlene Response ~ they don't have no elder positions.</p> <p>RWC Member Dolphus – Traditional Counsellors – Deline/Competitions/Requirements never have gone ahead. Request to COO to see if traditional counselling position for Sahtu can exist.</p> <p>RWC Member Grandjambe: Wants to get this project started in the Sahtu and all members agree.</p> <p>COO - Next meeting will just focus on BDR MH&A Program October 21st and discuss what the next steps are. Get on SSI agenda and go from there.</p>	
6.0	Action Items Review	Action
	<p>Please refer to the Action List provided with the Agenda.</p> <ul style="list-style-type: none"> • June 4th Minutes – <p>Moved by: Loretta Wiley Seconded by: Melanie Harding All in Favour. Motion Carried.</p> <ul style="list-style-type: none"> • June 5th Minutes – <p>Moved by: Angela Grandjambe Seconded by: Loretta Wiley All in Favour. Motion Carried.</p>	
7.0	Action List	
	Action List is attached	

8.0	Projects and Priorities	Action
	RWC Members portraits to add to RWC contact list.	
9.0	Chairperson's Report/Updates	Action
	No Report	
10.0	COO Report	Action
	COO Report is attached	
11.0	RWC Member Observations and Comments (Round Table)	Action
	<p>RWC Member Wiley – Long term care wild game inventory to discuss COO Response – October 11th agenda will have time to do so</p> <p>RWC Chair Dolphus – Would like to help families with disabilities – need resources and information? COO Response – Social worker can help with special needs, but Disabilities has their own department. NTHSSA is only the medical portion.</p> <p>RWC Member Peachey – Healthy Living; comfortably talking to someone & a safe space for individuals in town. Physio Therapy – Would like to see them more in town COO Response – Physio will be visiting Norman wells or if enough staff may attend communities. Flight issues to Inuvik easier for physio worker to come to NW/Sahtu.</p> <p>RWC Member Bernarde – Aftercare for addictions/relapse. Would like to see culture camp established for after care based in the Sahtu.</p> <p>RWC Member Harding – Update on dentist – any future community visit. Better advertisement needed for dental visits. COO Response – NIHB is a program that entails Dental. Not NTHSSA. NIHB notifies NTHSSA if space is needed upon community visit. However, in between visits dental appointments can be referred to Inuvik/ Yellowknife. But, Inuvik dental office is now closed. There are no applications for the dental contract.</p> <p>RWC Member Wiley – stated was in contact with Dentist. She has a contract & Adams Dental is servicing all of the NWT. Communities don't have the equipment to go into smaller communities to provide support.</p>	

	<p>RWC Member Harding – Possibly write a letter to NIHB about supports/Services</p> <p>RWC Member Wiley – Screening; Cancer, Shingles, TB, Breasts, HPylori, (not a lot are education on them) More insight awareness in the Sahtu and translator to promote in Dene Ke'de (Slavey Language)</p> <p>After Care Nursing support. Possibly have a wellness support program for new mothers with resources, mechanisms and programs.</p> <p>RWC Member Harding – Resources can be found with Northern Birthwork Collective as a suggestion.</p> <p>RWC Member Grandjambe – shuttle bus for clients/patients in Norman Wells. Biggest concern is treatment as well. More awareness on Narcan kits & provide training.</p> <p>GUEST Ronald Pierrot – Drugs and treatment are a big concern. Just recently loss son to an overdose. Drugs are getting bad. How to administer RCMP involvement more?</p> <p>COO Response – FGH had an Interagency meeting at the beginning of October. They are bringing in Edmonton sober home workers for 4 days in FGH. Frank and Bev will also be attending for trauma and grief. Also National Addictions Awareness week is November 19 – 25.</p>	
12.0	Other Business	Action
	<p>Next Meeting – Deline</p> <p>Invites: Leadership Council Chair – Gerry Cheezie</p> <p>Medical Travel – Peter Long</p> <p>Child and Family Services – Kristy Jones</p>	
13.0	Closing Reflections / Prayer	Action
	Prayer led by Gina Dolphus	
14.0	Adjournment	Action
	Meeting Adjourned at 8:56 PM	

Gina Dolphus