



**Regional Wellness Council (RWC) – Sahtu Region**  
**DRAFT - Meeting MINUTES**

October 10 2023, | 1:00 pm – 4:00 pm  
Norman Wells, NT – Via Teleconference

#	Item	Notes
1.0	Call to Order by Chair	1:14 PM
2.0	<b>Reflection/Prayer</b> Prayer led by Gina Dolphus.	
3.0	<b>Attendance</b> <u>Attendees:</u> Gina Dolphus – RWC Chair - Virtual Angela Grandjambe – RWC Member Loretta Wiley – RWC Member Alexis Peachey – RWC Member – Virtual Melanie Harding – RWC Member Angela Bernarde – RWC Member (via teleconference) - Virtual Mireille Hamlyn – Chief Operating Officer (COO), NTHSSA – Sahtu Region Lynda MacCauley – Executive Assistant to COO (Recorder)  <u>Guests:</u> Ronald Pierrot - FGH  <u>Regrets:</u> Cathy Mackeinzo – Taylor – RWC Member	
	<b>Approval of Agenda</b> <i>The Council moves to approve the Agenda as presented:</i>	
	<b>Motion #10-23</b> Moved by: Angela Grandjambe Seconded by: Loretta Wiley All in Favour, Motion Carried.	
5.0	<b>Presentation(s)</b> Beaufort Delta Mental Health Initiative – Arlene Jorgenson	<b>Action</b>

<p><b>RWC Member Dolphus</b> – Could never find our own people to obtain a job. Presentation helped define how to do this in the Sahtu. Put information there. Jobs are always seeking job descriptions for counsellors, traditional counsellors, positions, pay grade, degree, masters.</p> <p><b>RWC Member Peachey</b> – Resonates what we need in the Sahtu. Spaces, places, locations, collaboration. Food pantry example; being moves out of office to warming/cooling shelter so individuals are comfortable to come-in.</p> <p><b>RWC Member Dolphus</b> – Elders as advisors/counsellors – do they use elders? Arlene Response – they don't have no elder positions.</p> <p><b>RWC Member Dolphus</b> – Traditional Counsellors – Deline/Competitions/Requirements never have gone ahead. Request to COO to see if traditional counselling position for Sahtu can exist.</p> <p><b>RWC Member Grandjambe</b>: Wants to get this project started in the Sahtu and all members agree.</p> <p><b>COO</b> - Next meeting will just focus on BDR MH&amp;A Program October 21<sup>st</sup> and discuss what the next steps are. Get on SSI agenda and go from there.</p>	
<p><b>6.0 Action Items Review</b></p> <p>Please refer to the Action List provided with the Agenda.</p> <ul style="list-style-type: none"> <li>• <b>June 4<sup>th</sup> Minutes</b> –</li> </ul> <p><b>Moved by:</b> Loretta Wiley  <b>Seconded by:</b> Melanie Harding  <b>All in Favour. Motion Carried.</b></p> <ul style="list-style-type: none"> <li>• <b>June 5<sup>th</sup> Minutes</b> –</li> </ul> <p><b>Moved by:</b> Angela Grandjambe  <b>Seconded by:</b> Loretta Wiley  <b>All In Favour. Motion Carried.</b></p>	<p><b>Action</b></p>
<p><b>7.0 Action List</b></p>	<p>Action List is attached</p>

	<b>Projects and Priorities</b>	<b>Action</b>
<b>8.0</b>	RWC Members portraits to add to RWC contact list.	
<b>9.0</b>	<b>Chairperson's Report/Updates</b> No Report	<b>Action</b>
<b>10.0</b>	<b>COO Report</b> COO Report is attached	<b>Action</b>
<b>11.0</b>	<b>RWC Member Observations and Comments (Round Table)</b> RWC Member Wiley – Long term care wild game inventory to discuss COO Response – October 11 <sup>th</sup> agenda will have time to do so  RWC Chair Dolphus – Would like to help families with disabilities – need resources and information? COO Response – Social worker can help with special needs, but Disabilities has their own department. NTHSSA is only the medical portion.  RWC Member Peachey – Healthy Living; comfortably talking to someone & a safe space for individuals in town. Physio Therapy – Would like to see them more in town COO Response – Physio will be visiting Norman Wells or if enough staff may attend communities. Flight issues to Inuvik easier for physio worker to come to NW/Sahtu.  RWC Member Bernarde – Aftercare for addictions/relapse. Would like to see culture camp established for after care based in the Sahtu.  RWC Member Harding – Update on dentist – any future community visit. Better advertisement needed for dental visits. COO Response – NIH is a program that entails Dental. Not NTHSSA. NIH notifies NTHSSA if space is needed upon community visit. However, in between visits dental appointments can be referred to Inuvik/ Yellowknife. But, Inuvik dental office is now closed. There are no applications for the dental contract.  RWC Member Wiley – stated was in contact with Dentist. She has a contract & Adams Dental is servicing all of the NWT. Communities don't have the equipment to go into smaller communities to provide support.	<b>Action</b>

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	<p><b>RWC Member Harding</b> – Possibly write a letter to NIH8 about supports/Services</p> <p><b>RWC Member Wiley</b> – Screening; Cancer, Shingles, TB, Breasts, HPylori, (not a lot are education on them) More insight awareness in the Sahtu and translator to promote in Dene Ke'de (Slavey Language)</p> <p>After Care Nursing support. Possibly have a wellness support program for new mothers with resources, mechanisms and programs.</p> <p><b>RWC Member Harding</b> – Resources can be found with Northern Birthwork Collective as a suggestion.</p> <p><b>RWC Member Grandjambe</b> – shuttle bus for clients/patients in Norman Wells. Biggest concern is treatment as well. More awareness on Narcan kits &amp; provide training.</p> <p><b>GUEST Ronald Pierrot</b> – Drugs and treatment are a big concern. Just recently loss son to an overdose. Drugs are getting bad. How to administer RCMP involvement more?</p> <p><b>COO Response</b> – FGH had an Interagency meeting at the beginning of October. They are bringing in Edmonton sober home workers for 4 days in FGH. Frank and Bev will also be attending for trauma and grief. Also National Addictions Awareness week is November 19 – 25.</p>	
<b>12.0</b>	<b>Other Business</b>	<b>Action</b>
	Next Meeting – Deline Invites: Leadership Council Chair – Gerry Cheezie Medical Travel – Peter Long Child and Family Services – Kristy Jones	
<b>13.0</b>	<b>Closing Reflections / Prayer</b> Prayer led by Gina Dolphus	<b>Action</b>
<b>14.0</b>	<b>Adjournment</b> Meeting Adjourned at 8:56 PM	<b>Action</b>