

Regional Wellness Council (RWC) – Sahtu Region
DRAFT – Meeting MINUTES
October 11, 2023, | 9:00 am – 12:00 pm
Norman Wells, NT – Via Teleconference

#	Item	Notes
1.0	Call to Order by Chair	9:15 AM
2.0	Reflection/Prayer Prayer led by Gina Dolphus.	
3.0	Attendance <u>Attendees:</u> Gina Dolphus – RWC Chair - Virtual Angela Grandjambe – RWC Member Loretta Wiley – RWC Member Alexis Peachey – RWC Member – Virtual Melanie Harding – RWC Member – Virtual Cathy Mackeinzo – Taylor – RWC Member Angela Bernarde – RWC Member (via teleconference) - Virtual Mireille Hamlyn – Chief Operating Officer (COO), NTHSSA – Sahtu Region Lynda MacCauley – Executive Assistant to COO (Recorder) <u>Guests:</u> Patricia Manuel - FGH <u>Regrets:</u>	
	Approval of Agenda <i>The Council moves to approve the Agenda as presented:</i> Motion #11-23 Moved by: Angela Grandjambe Seconded by: Loretta Wiley All in Favour. Motion Carried.	
5.0	Presentation(s) Kristy Jones, Executive Director, Child, Family and Community Wellness Virtual ED Question: Recruitment struggles – social workers, Sahtu & communities since Aurora	Action

College has taken the program out of facilities. However, they may bring back the program next year.

Members/Chair what are the most pressing concerns in Sahtu communities with childcare?

RWC Member Wiley: not enough workers. Burnouts from fewer workers doing overtime. Work with families towards healthy living. Have culturally educated workers. Work with families instead of against them. Mental Health and addictions play a big role. A need for more healthy programs. Reach out to families and ask what they need. Treatment with no support, no resources, relapses happening more and back to square one.

RWC Member Mackeinzo-Taylor: Lack of social workers & support. Support group meetings, and healthy living programs Most individuals fear the system. Families drinking and violence taking place in the home / fighting the system / no cooperation. Social workers bring RCMP into the situation making matters worse. More community visits and involvement from workers.

ED Question: What programs and services would be better supports in communities?

RWC Member Wiley: what programs are offered?

ED Response: Administration, prevention, intervention, protection, financial support, collaborative, promoting parents with babies 0-6, and family preservation.

RWC Member Mackeinzo-Taylor: Healthy Families in Deline needs more workers with young families. Need to reach out more to the communities and families. No staff/individuals are working in the school with youth. DGG in Deline does the after-school programs. Also, one mental health worker is not enough.

ED Question: Do you believe the service required to deliver programs to youth and family services needs to have a degree?

RWC Member Wiley: Needs to be educated to become a social worker. More indigenous workers in community/cultural education. Implement job shadowing.

ED Question: Social work positions require bachelors, with years of experiences. Can we have other educations like diplomas and lived experience?

<p>RWC Member Bernarde: it will limit our own people, let them help with what they know already.</p> <p>RWC Member Mackeinzo – Taylor: Position w/ minimum- get support training online if needed to.</p> <p>RWC Member Wiley: if Mental Health & Addictions project succeeds, then child and family services can improve for community healing.</p> <p>RWC Member Mackeinzo–Taylor: Providing an outreach worker for social workers in each community then there may be less a burnout and need more workers to hire as worker's aides.</p> <p>ED Question: The Director for Sahtu is joined under Sahtu/BeauDel under our managers. Do we keep this way or go under the director of Yellowknife and stick with that? BeauDel is struggling with staff. Yellowknife can help improve.</p> <p>RWC Member Wiley – Can the Sahtu have their own director?</p> <p>ED Response: Will take that for feedback.</p> <hr/> <p>Gail House, Regional Manager, Continuing Care</p> <p>RM CC: To apply to LTC you go through TAC (Territorial Admissions Committee) LTC accepts donations of wild meat and fish. Colville Lake provides supportive living assistance with self-deciding programs. You go through the Health Center and Band to apply for this assistance.</p> <p>RWC Member Wiley: Can LTC communicate when inventory is low for meat and fish. Cathy got a donation from Deline DGG for the elders in LTC and will reach out again.</p> <p>RM CC Response: is there an appropriate way to reach out to request meat & fish?</p> <p>RWC Member Wiley: Reach out to chiefs and provide a letter (CC RWC Members and Chair) Tulita Chief is Frank Andrew, Deline Chief is Danny Gaudet, Colville Lake Chief is Richard Kochon and Fort Good Hope Chief is Collin Pierrot.</p>	
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	<p>RWC Member Grandjambe: Home Care positions in communities, who ensures they are doing what their job entails?</p> <p>RM CC Response: NIC and Health Center staff. Issues should be brought up with Home Support Worker and can discuss implanting spot checks.</p> <p>COO Response: Home Support NIC is specifically for this. He visits communities and checks the check lists.</p>	
6.0	Action Items Review	Action
	<p>Please refer to the Action List provided with the Agenda.</p> <ul style="list-style-type: none"> • June 4th Minutes – <p>Moved by: Loretta Wiley Seconded by: Melanie Harding All in Favour. Motion Carried.</p> <ul style="list-style-type: none"> • June 5th Minutes – <p>Moved by: Angela Grandjambe Seconded by: Loretta Wiley All in Favour. Motion Carried.</p>	
7.0	Action List	
	Action List is attached	
8.0	Projects and Priorities	Action
	RWC Members portraits to add to RWC contact list.	
9.0	Chairperson's Report/Updates	Action
	No Report	
10.0	COO Report	Action
	COO Report is attached	

11.0	RWC Member Observations and Comments (Round Table)	Action
	<p>RWC Member Mackeinzo – Taylor: Medical travel is getting worst. Who do we need to talk to or where do we go? Deline Community Health Fair October 24-25, 2023. Tulita & Yellowknife is coming. More communications between communities to find out what communities are doing for community health. Is NW staff attending fair in Deline?</p> <p>RWC Member Wiley: Shuttle bus at NWA for clients/patients.</p> <p>RWC Member Grandjambe: Vice-Chair, in case Gina is not available. Can we appoint a chair to carry-on the meeting and can Chair bring member to Leadership Council Meeting. Also add to the agenda when invited guests are on, make them aware every meeting that request to speak is needed.</p> <p>RWC Member Wiley: Make a suggestion. In respect, ask the public if they speak or can wait until the end of the meeting/discussion.</p> <p>RWC Member Mackeinzo-Taylor: Update on Mental Health & Addiction as I was aware. Update is given.</p> <p>RWC Member Wiley: Are Health departments promoting healthy men 55 +?</p> <p>COO Response: Well adult now it is called.</p> <p>COO: Gina's next leadership meeting is December 5-7. When should we have our Mental Health and Addictions review meeting, as well as our next RWC Meeting?</p> <p>Members Response: MH&A meeting soon in October. Next RWC early January in Deline.</p> <p>RWC Member Wiley: RWC Members should go o communities to engage with people in surrounding communities.</p> <p>RWC Chair Dolphus: A new chair will be needed in the new year. Will send draft letter to SSI to request to be on agenda at their AGM in November.</p>	
12.0	Other Business	Action
	Next Meeting – Deline	

	Invites: Leadership Council Chair – Gerry Cheezie Medical Travel – Peter Long Child and Family Services – Kristy Jones	
13.0	Closing Reflections / Prayer Prayer led by Gina Dolphus	Action
14.0	Adjournment Meeting Adjourned at 12:05 PM	Action

Gina Dolphus