

## YOUR INTEGRATED CARE TEAM

### What is an integrated care team?

This is a team of different health care providers and support staff working together to provide you with the care you need. This means when you call to book an appointment, who you see on the team may change based on the nature of your request.



### Who are the members on my integrated care team?

#### PHYSICIANS

Physicians are doctors who provide whole-person medical care and who helps manage your health needs. They can assess, treat, prescribe, and refer you for other services based on your concerns.

#### NURSE PRACTITIONERS

Nurse Practitioners are registered nurses who have extra education and training that allows them to independently diagnose and treat illness, order and interpret tests, prescribe medications, perform certain medical procedures, and refer you for other services based on your concerns.

#### LICENSED PRACTICAL NURSES

Licensed Practical Nurses provide direct patient care, supporting the integrated care team and ensuring smooth operation of the clinic. They are able to take appointments for minor procedures such as injections or wound care.

#### COMMUNITY HEALTH NURSES

Are registered nurses who have a broader scope of practice informed by extra training and competencies. They can assess a variety of common health conditions, and dispense medications to treat them based on clinical practice guidelines. They are often the main provider of care and services in NWT communities without resident physicians or nurse practitioners.

#### HOLISTIC WELLNESS ADVISORS

Holistic Wellness Advisors provide comprehensive support focused on integrating physical, mental, emotional and spiritual health and triage for mental, emotional, and behavioural health concerns, collaborating with healthcare providers to offer personalized wellness plans and promoting overall wellbeing. They can provide clients with support in reaching goals such as lifestyle changes, or provide additional assistance and links to resources for mental health and wellness.

#### PROGRAM ASSISTANTS

Program Assistants are the main point of contact for your team and a key member who will work with you to understand your needs, direct you to the correct provider, and schedule appointments and follow-ups.