



# ABOUT

## REGIONAL WELLNESS COUNCILS

### Get Involved

Contact your Regional  
Wellness Council

[RWC\\_nthssa@gov.nt.ca](mailto:RWC_nthssa@gov.nt.ca)

Regional Wellness Councils are helping to make sure we make the right decisions for a healthier future in the NWT.

Regional Wellness Councils are the local and regional voice in our health and social services system. Your Regional Wellness Council guides changes and improvements to health and social services programs in the Northwest Territories.

Your local Regional Wellness Council wants *your* input!



NORTHWEST TERRITORIES  
Health and Social  
Services Authority

## What does my Regional Wellness Council do?

Regional Wellness Councils provide advice and support for the delivery of programs and services by listening to residents in their communities and bringing forward ideas, suggestions and concerns to the Northwest Territories Health and Social Services Authority Leadership Council.

Regional Wellness Council members provide a voice, within the Health and Social Services System, for all Northerners. Your council will do this by:

- Seeking opinion and information from individuals, organizations, groups, and community governments regarding the organization and delivery of health and social services.
- Seeking feedback and comments from Indigenous organizations regarding regional and local health and social services programs and services.
- Regularly hold public meetings to gather feedback
- Make meeting minutes public.

### **We want your feedback. Contribute to your Regional Wellness Council by:**

- Attending a public meeting and sharing your knowledge with your council.
- Contacting your council when you have an idea or issue that you think needs to be highlighted.
- Contacting your council to share information, knowledge or ideas.
- Nominating yourself or another individual to participate on a Regional Wellness Council. Nominations happen when terms end every three years.

## What is System Transformation?

In August of 2016, six separate health authorities in the NWT were combined to create a single authority; the Northwest Territories Health and Social Services Authority (NTHSSA). This change was made to help create more unified and responsive HSS system in the NWT, and marked the beginning of System transformation.

Part of this system transformation was the development of the Regional Wellness Councils (RWCs). Each region has a Regional Wellness Council, composed of various community members that provide guidance and advice on the delivery and organization of health, social services and community wellness. Having RWCs ensures that everyone has a voice to participate in the territorial decision-making process, increasing system accountability and transparency.

## What are we trying to achieve?

A health and social services system that:

- Is focused on patients and clients
- Supports individuals, families, and communities to stay healthy
- Ensures regions have a voice at the territorial level
- Strengthens and maintains equitable access to care and services
- Provides quality and culturally safe care
- Is sustainable
- Respects diversity and all cultures



## Why should I participate?

Participation of residents across the Northwest Territories is important to ensure the success of Regional Wellness Councils. Recommendations from residents are used to determine what priority areas we should focus on and what improvements need to be made in our health and social services system. Your advice directly impacts care and services.