

## Yellowknife Regional Wellness Council Meeting Minutes

**Thursday February 20, 2020**  
**5:00 PM – 8:00 PM**  
**Goga Cho, 2<sup>nd</sup> Floor Boardroom**

**Mission:** Working with people to optimize wellbeing through the provision of collaborative and culturally appropriate health and social service

**Vision:** Healthy People, Healthy Families, Healthy Communities

**Values:** Collaboration Accountability Integrity Respect

**Attendance:**

- ✓ **Nancy Trotter**
- ✓ **Liz Liske**
- ✓ **Karen Hamre**
- ✓ **Liliana Canadic, COO**
- ✓ **Michelle MacDonald, EA – Minutes**
- ✓ **Brandie Miersch** (via phone)
- ✓ **Marie Speakman**
- ✓ **Emelie Saunders**
- ✓ **Katey Simmons** (via phone)

**Guests:**

**Kami Kandola, MD, Chief Public Health Officer**  
**Alannis McKee, Disabilities Council/Sobering Centre**  
**Alexandre Laporte, Inspector, RCMP**  
Public Members: **2**

#	Item
1.0	Call to Order Meeting called together at 5:19pm.
2.0	Reflection / Prayer Meeting began with a prayer lead by Marie.
3.0	Welcome & Introductions <i>Acknowledgement of Chief Drygeese traditional territory of the Yellowknives Dene.</i> Introductions were made around the table.
4.0	Safety Overview - Liliana reviewed safety and emergency procedures for the building
5.0	Additional Agenda Items

	<ul style="list-style-type: none"> <li>• Announcements</li> <li>• Pilot projects – elder care in 5 communities</li> </ul>
	<p>5.1 Approval of the Agenda</p> <p>Karen motion to approve with addition, Liz seconded. All in favour.</p>
	<p>5.2 Declaration of Conflict of Interest</p> <p>No conflicts were declared.</p>
6.0	<p>Previous Meeting Minutes - Review and Approval</p> <p>Motion to accept, Emelie, Karen second.</p>
7.0	<p>Novel Coronavirus (2019-nCoV) Update &amp; Pertussis Guest Speaker: Kami Kandola, MD, Chief Public Health Officer</p> <p><i>Novel Coronavirus (2019-nCoV) Update</i></p> <ul style="list-style-type: none"> <li>• Kami provided a review of the Corona virus including a global, Canada and NWT update. Statistics, history of origin in China, travel risks, mortality rates, those at risk, progression of symptoms, self-isolation, how the virus is spread (droplets)</li> <li>• Concern that NWT is a tourist destination. Kami stated that there is no one in NWT that is infected</li> <li>• No vaccine or anti-viral available now</li> <li>• Kami shared a poster of the clinical algorithm being used and a healthy repertory practice</li> <li>• There is enough PPE for clinics and staff</li> <li>• Discussed the time to plan now, working with airports and having hand sanitizer available</li> </ul> <p><i>Pertussis</i></p> <ul style="list-style-type: none"> <li>• Kami reviewed how Pertussis is spread (bacteria and droplets), the history of stats in the NWT</li> <li>• Outbreak declared Nov 28-Jan 15 (linked to gatherings over Christmas and travel) with a hot spot in Whati</li> <li>• 57 confirmed cases with wave of flu at the same</li> <li>• Discussed about the vaccine, hesitancy and boosters</li> </ul>
8.0	<p>Community Engagement: Mental Health &amp; Addictions</p>
	<p>8.1 Guest Speaker: Alannis McKee, Disabilities Council/Sobering Centre Alexandre Laporte, Inspector, RCMP</p> <p><i>Disabilities Council/Sobering Centre:</i></p> <ul style="list-style-type: none"> <li>• Alannis gave a presentation overview of the Sobering Centre and Day Centre which included programming, intake stats, utilization stats, and recent changes</li> </ul>

	<p>Questions &amp; discussion:</p> <ul style="list-style-type: none"> <li>• Street outreach hours and bus to Indigenous Wellness Centre</li> <li>• Employment skill programming options, currently only street cleaners. Need alternative space for learning opportunities (eg. computer literacy)</li> <li>• Outreach Program –van service and street patrol (route walked for 12 hours a day)</li> <li>• Reviewed amount of staff (10 for 3 different programs, no regular volunteers due to safety concerns)</li> <li>• Manage Alcohol Program – needs to be prioritized</li> <li>• Discussion on mental health and medication monitoring. Centre is working with Dr. Harris to start a formal program to administer mental health medications to clients. AMS (Advanced Medical Solutions) is not able to provide that service.</li> <li>• Discussion on individuals losing flight tickets (returning from medical appointments) home to communities. Only 17% of clients have any interest in going back to their home community. There are homelessness assistance funds available.</li> <li>• Discussion on Housing First change and the change in criteria.</li> <li>• Discussion on improved relationship with neighbours and decrease in traffic/congestion.</li> </ul> <p><i>RCMP:</i></p> <ul style="list-style-type: none"> <li>• Inspector Laporte, provided a background of his time with the RCMP (drug investigator), reviewed initiatives from the past 3-4 years and the impact these have had in the community and programs.</li> <li>• Since the initiatives have begun: <ul style="list-style-type: none"> <li>- 45% of calls for service are in downtown Yellowknife. 50% are social disorders occurrences (disturbance, intoxicated, mischief). Calls have declined from 6,000 down to 4,800</li> <li>- 73% decrease in the number of prisoners at the RCMP station</li> </ul> </li> <li>• Overview of the issues with Liquor Act distribution and the need for the government to work on the Act with new legislation.</li> </ul> <p>Questions &amp; discussion:</p> <ul style="list-style-type: none"> <li>• Community hours goes through the judicial services and not RCMP</li> <li>• Commended for how far the Sobering Centre has come along since 2014</li> </ul>
9.0	Business Arising
	<ul style="list-style-type: none"> <li>• Handbook – no revised copy available. The draft revised handbook will come to us for input.</li> <li>• Which recommendations from the Sobering Centre presentation should we bring to the Leadership Council. We will consider the recommendations at our next meeting.</li> </ul>
10.0	New Business
	<p>10.1 Community Visits Planning</p> <ul style="list-style-type: none"> <li>• Discussion about community visit to Fort Resolution in May. Letters to be sent to all 3 governing bodies. There will be a public meeting and then a separate meeting to approve minutes.</li> <li>• Recommended to share chart of what the RWC council is and strategic planning</li> </ul>
11.0	<p>Chairperson Report</p> <ul style="list-style-type: none"> <li>• Nancy reviewed her report</li> </ul>

12.0	<p>COO YK Region Activity Update</p> <ul style="list-style-type: none"> <li>• Liliana reviewed her report</li> <li>• Brief discussion in regards to the Caregiver Pilot Program. <ul style="list-style-type: none"> <li>- Two year pilot project that provides support to community members living in their own homes for assistance with tasks like gathering wood, cooking, errands etc. the program is being tested in 5 communities.</li> <li>- The communities of Yellowknife, (including Dettah and Ndilo), Behchoko, Hay River, (including Hay River Reserve and Enterprise) and Fort Resolution were selected by the Health and Social Services Authorities, based on size and diversity.</li> <li>- Implementation began in Behchoko in December 2019. The objective is to add an additional community to the program every month for a staggered roll out. Dettah and Ndilo began the project in January and Yellowknife will follow in February.</li> <li>- Currently Fort Resolution is not able to engage in a community partnership and engagement will occur in the future.</li> </ul> </li> </ul>
13.0	<p>Roundtable Updates- Community activities, questions and concerns</p> <ul style="list-style-type: none"> <li>• A member stated that they were involved in a 3 day strategic planning workshop</li> <li>• A member also attended the Indigenous Advisory Body event in January and will attend the next one in June.</li> <li>• A member stated there are complaints about a health care staff in Lutselk'e</li> <li>• Multiple members stated concern about cancer rates, length of wait time for appointments and lack of follow-up from physicians. Issues to be taken forward to NTHSSA – Quality &amp; Risk department.</li> <li>• A member stated they attended the Turning Points Documentary Film Screening on addiction and that it was a good resource</li> <li>• A member stated they attended Child Witness Training for courts and raised a concern about advocacy missing for child and family and caretakers</li> <li>• A member commented that the signage at Stanton Territorial Hospital is still a concern.</li> <li>• A member asked where is the best option to look for job postings links to positions at Stanton.</li> </ul>
14.0	<p>RWC Report to Leadership Council- what items do we want to take forward to the Leadership Council? Deferred to the next meeting</p>
	<p>Announcements – Nancy reported, she will be away for the April meeting and Liz will chair the meeting.</p>
15.0	<p>Closing Reflections / Prayer</p> <p>Emelie closed the meeting with a prayer.</p>
16.0	<p>Adjournment</p> <p>Motion to adjourn by Karen and seconded by Marie. Meeting was adjourned at 8:50 pm</p>

Next Meeting – April 16, 2020