

**Regional Wellness Council (RWC) – Sahtu Region  
Meeting MINUTES**

Wednesday, July 5, 2017 | 1:30pm – 5:00pm  
Teleconference

May 26, 2017		
#	Item	Notes
1.0	Call to Order by Chair.	1:50p.m.
2.0	<b>Reflection/Prayer</b>	
	Led by RWC Chair	
3.0	<b>Attendance</b>	
	<u>Attendees:</u> Gina Dolphus – RWC Chair Andrea Modeste Theresa Etchinelle Alphonsine McNeely Brenda T'Seleie Mireille Hamlyn – Chief Operating Officer (COO) Fraser Lennie – Associate Chief Operating Officer Sharlene Rankin – Executive Assistant (Recorder)	
	<u>Regrets:</u> Irene Kodakin Sandy Whiteman	
4.0.	<b>Approval of Agenda</b>	<b>Action</b>
	<i>The Council moves to approve the Agenda as presented with one addition:</i> <ul style="list-style-type: none"> <li>▪ 15.1 Staff Training (I. Kodakin).</li> </ul> <b>Motion # 11-17</b> <b>Moved by: Brenda T'Seleie</b> <b>Seconded by: Theresa Etchinelle</b> <b>All in Favour. Motion Carried</b>	
5.0	<b>Previous Meeting Minutes – Review and Approval</b>	<b>Action</b>

	<p><i>The Council moves to approve the Minutes from May 26, 2017 as presented.</i></p> <p><b>Motion # 12-17</b>  <b>Moved by: Theresa Etchinelle</b>  <b>Seconded by: Alphonsine McNeely</b>  <b>All in Favour. Motion Carried.</b></p>	
<b>6.0</b>	<b>Action Items Review</b>	<b>Action</b>
	<p><b>Please refer to Action List provided with Agenda.</b></p> <p><b>Item 1</b> – Completed.  <b>Item 2</b> – Ongoing.  <b>Item 3</b> – Ongoing. NTHSSA frontline staff will be invited to meet with RWC members at upcoming face-to-face meetings. Most recently, RWC members met with staff in Tulita on May 26, 2017.  <b>Item 4</b> – Executive Assistant to follow-up with RWC members regarding feedback on Sahtu’s Esther Story.  <b>Item 5</b> – Completed.  <b>Item 6</b> – Included in RWC Chair report for Leadership Council.  <b>Item 7</b> – Included in RWC Chair report for Leadership Council.  <b>Item 8</b> – Update provided in COO report.  <b>Item 9</b> – Update provided in COO report.  <b>Item 10</b> – Included in RWC Chair report for Leadership Council.  <b>Item 11</b> – Ongoing. Deline Traditional Healing Program Final Report and facilitated meeting minutes were provided by email. An additional update was provided by COO and within the COO report.  <b>Item 12</b> – Ongoing. COO is awaiting update from Department of Health and Social Services.  <b>Item 13</b> – Complete.  <b>Item 14</b> – Complete. Date of CBC interview with RWC Chair (in English) to be announced.  <b>Item 15</b> – Ongoing. Working with Northwestel regarding call-forwarding service for Deline Wellness Centre.  <b>Item 16</b> – Completed.  <b>Item 17</b> – Update provided in COO report.  <b>Item 18</b> – Ongoing. Community partnerships/collaboration with Healthy Families Community Wellness Workers is under review and is part of ongoing Senior Management strategic planning meetings.  <b>Item 19</b> – Completed.  <b>Item 20</b> – Included in RWC Chair report for Leadership Council.</p>	

	<p><b>Item 21</b> – Completed. NTHSSA-Sahtu Region has brought forward concerns to Medical Travel regarding flight schedule challenges in the region. The structure of the Medical Travel program is currently under examination. NTHSSA-Sahtu Region to work with RWC to educate community members regarding rescheduling appointments and options for timing/location of specific procedures.</p> <p><b>Item 22</b> – Ongoing. Under review as part of Senior Management strategic planning meetings.</p> <p><b>Item 23</b> – Research ongoing with Department of Justice.</p> <p><b>Item 24</b> – Ongoing. NTHSSA employment opportunities are also posted online (e.g. <a href="http://careers.hr.gov.nt.ca/en/job/14332">http://careers.hr.gov.nt.ca/en/job/14332</a>).</p> <p><b>Question:</b> Should there be a gathering to discuss Medical Travel? Not everyone has the same problems. Some are worse than others. It is important to work with staff and community members to resolve challenges. Can we be part of this discussion?</p> <p><b>Answer (COO):</b></p> <ul style="list-style-type: none"> <li>▪ RWC members and patients are encouraged to notify the Nurse-in-Charge regarding any medical travel issues.</li> <li>▪ The NIC will bring these issues forward to the COO to be addressed.</li> <li>▪ The RWC Chair can bring forward a summary of Medical Travel concerns to the Leadership Council.</li> </ul> <p><b>Discussion:</b></p> <ul style="list-style-type: none"> <li>▪ An elder had health problems and was medevaced but his wife wasn't allowed to come.</li> <li>▪ The Band Office paid for his wife's flight the next day. The elder had no escort but he was over 70 years old.</li> </ul> <p><b>COO:</b></p> <ul style="list-style-type: none"> <li>▪ COO will discuss and examine this issue following the RWC meeting.</li> </ul>	
<b>7.0</b>	<b>Business Arising from the Previous Meeting Minutes</b>	<b>Action</b>
	<p><b>Discussion:</b></p> <ul style="list-style-type: none"> <li>▪ No updates provided.</li> </ul>	
<b>8.0</b>	<b>Chairperson's Report</b>	<b>Action</b>
	<p><b>Question:</b> When was the career fair in Tulita? Did NTHSSA staff participate?</p> <p><b>Answer (COO):</b></p> <ul style="list-style-type: none"> <li>▪ The fair took place on the afternoon of Wednesday, June 7, 2017.</li> <li>▪ Nursing staff, the Community Health Representative and a Home Support Worker par-</li> </ul>	

ticipated.

**Discussion:**

- RWC Chair attended Hotì ts'eeda Elèts'ehdèe (Working Together for Good Health) meeting in Dettah on May 30-31, 2017.
  - Chair met with Aurora College; representatives are interested in speaking with students and community members regarding training. How can we invite them? If needed, the communities can help fundraise to bring them.
- RWC members reviewed additions to recent community/regional activities (item 4 within RWC Chair Report).
  - RWC Member (Fort Good Hope) participated in Leadership Retreat On the Land, June 10-13, 2017.
  - RWC Chair ongoing participation in community Sharing Circles (Deline), On the Land programming, graveside visits and debriefing.
  - RWC Member (Fort Good Hope) ongoing participation in GOBA Supportive Cancer Group activities (video research) in Fort Good Hope.

**Discussion:**

- Noted a few Home Support Workers/Personal Support Workers that are on the casual pool list but are not being used. How can we address this and support those young men and women who have completed their training?

**COO:**

- COO will discuss and examine this issue after RWC meeting.

**Discussion:**

- Discussion of RWC member challenge in balancing role as Wellness Worker and role as an RWC member in community; discussion of boundaries.

**COO:**

- COO and Chair to discuss roles with Deline RWC member and her unique position in the community.

**Discussion:**

- We need more local people trained. We need to work with Aurora College.
- We know our people. It is important to know the language. Does the patient under-

**Executive Assistant** to develop a checklist for RWC members outlining community participation/official employment duties versus RWC duties and representation.

	<p>stand what the physician/nurse is saying? I am glad to hear about the translation of medical terminology. It is hard to understand.</p> <ul style="list-style-type: none"> <li>▪ We need more home care visits, especially with men. No one is checking on an elder in Tulita.</li> <li>▪ Not all elders are under home care. Some may refuse the service as well.</li> <li>▪ The Sahtu Region previously had Alcohol and Drug workers. They knew what the community needed. Now we are lacking resources.</li> <li>▪ People don't always trust or accept the help that is offered. We need to have those people at the community level.</li> </ul> <p><b>Question:</b> Home Care – who approves it? We are still receiving complaints. Some receive it and others don't. The family is providing care.</p> <p><b>Answer (COO):</b></p> <ul style="list-style-type: none"> <li>▪ Anyone can refer a person to the Home Care program.</li> <li>▪ A Nurse, Home Support Worker and others on the Primary Community Care Team will do a full assessment and create a care plan.</li> <li>▪ This care plan will outline everyone's role, including family members.</li> <li>▪ Home Care can be short term (e.g. three weeks) or long term.</li> <li>▪ Home Care is based on need; the care plan changes with the patient's needs.</li> <li>▪ Anyone can receive home care, not just elders, and not just because you are an elder.</li> <li>▪ This can include mental health support, chronic disease, elders, children, family protection.</li> <li>▪ Home Care is a strategic priority territorially and regionally.</li> <li>▪ This topic was addressed at the recent Nurse-In-Charge face-to-face meeting in May 2017.</li> <li>▪ Regional Manager of Community Health Centres and Regional Manager of Continuing Care do perform home visits as necessary.</li> <li>▪ Both Regional Managers will present an overview of their programs to the RWC at the next face-to-face meeting.</li> </ul>	<p><b>Executive Assistant</b> to finalize RWC Chair Report and provide to Chair prior to next Leadership Council meeting.</p>
<p><b>9.0</b></p>	<p><b>NTHSSA Program and Services Overview</b></p>	<p><b>Action</b></p>
	<p><b>Associate COO:</b></p> <ul style="list-style-type: none"> <li>▪ Joined NTHSSA-Sahtu Region as Associate COO on May 2, 2017.</li> <li>▪ Guest speaker at Back to the Trail Youth Conference in May 2017.</li> <li>▪ Provided background regarding career, training and personal connections to the Sahtu</li> </ul>	

	<ul style="list-style-type: none"> <li>region.</li> <li>▪ Currently completing his Master of Arts in Leadership (Health Specialization).</li> <li>▪ Completing learning plan (regional and territorial mentoring) and looking forward to learning about and visiting each of the Sahtu communities.</li> <li>▪ Will be continuing the development of the Deline Traditional Healing Program.</li> </ul>	
<b>10.0</b>	<b>Projects and Priorities</b>	<b>Action</b>
	<p><b>Please refer to attached document.</b></p> <p><b>Discussion:</b></p> <ul style="list-style-type: none"> <li>▪ Reviewed updated list of priorities. No new updates.</li> </ul>	
	<b>Break: 3:01p.m. – 3:12p.m.</b>	
<b>11.0</b>	<b>COO Report</b>	<b>Action</b>
	<p><b>Please refer to attached COO report.</b></p> <p><b>COO:</b></p> <ul style="list-style-type: none"> <li>▪ The COO report encompasses updates from the first quarter of 2017/2018 (April – June).</li> <li>▪ Reviewed staffing updates provided on page 2.</li> <li>▪ Provided brief update regarding territorial initiatives incorporating the use of traditional healing practices (e.g. Elders-in-Residence program). <ul style="list-style-type: none"> <li>▪ To be discussed further with RWC following a presentation by the Arctic Indigenous Wellness Foundation (AIWF) at next Leadership Council meeting (page 7).</li> </ul> </li> <li>▪ Provided an Accreditation update (page 11). <ul style="list-style-type: none"> <li>▪ Accreditation Canada will also be meeting with the Leadership Council. Further discussion/updates at next meeting.</li> </ul> </li> </ul> <p><b>Question:</b> Where are the suicide statistics coming from? Are people receiving support to go to programs?</p> <p><b>Answer (COO):</b></p> <ul style="list-style-type: none"> <li>▪ NTHSSA frontline workers in each community report suicide ideations, attempts and completions to their supervisor/manager (page 7).</li> <li>▪ Those residents under 18 receive support from Community Social Service Workers.</li> <li>▪ Those residents over 18 receive support from Mental Health and Addictions Counselors.</li> <li>▪ Statistics for those in treatment are listed in the COO report (page 7).</li> </ul>	

- At times, clients fill out applications for treatment but do not choose to go.
- The statistics presented are those that attended (eight individuals).

**Question:** There is an increase in the number of medevacs. Why?

**Answer (COO):**

- Senior management is currently examining how we can additionally support our patients/clients, especially in Colville Lake. Currently gathering additional statistics surrounding medevacs.

**Discussion:**

- It is good to see health promotion happening at the community level, especially in Deline and Fort Good Hope.
- There is a Community Health Representative (CHR) position now in Norman Wells; promotional activities will increase in that community.
  - Until recently there was only a Healthy Families Community Wellness Worker (HFCWW) in Norman Wells.

**Question:** What about reminder notifications for personal check-ups at the health centre?

**Answer (COO):**

- Currently under review in senior management strategic planning meetings.
  - Reviewing current screening and how best to enhance and implement it.
  - Developing a communications/education plan.
  - Engage community partners in promotion and prevention activities/education.
  - Encourage community members to actively participate in their personal wellness.
- Part of five strategic priorities outlined in 2017-2020 Health and Social Services Strategic Plan:
  1. Early childhood development
  2. Child and family services
  3. Mental health and addictions
  4. Chronic disease
  5. Seniors and elders.

**Question:** Harm reduction [managed alcohol program] - how is it working in Yellowknife?

**Answer (COO):**

- It is very individualized.
- Working with clients to try to find the right balance and develop/support their individu-

Council requests **Executive Assistant** to resend 2017-2020 Health and Social Services Strategic Plan.

	<ul style="list-style-type: none"> <li>alized goals.</li> <li>It concentrates on functionality on an individual basis.</li> </ul>	
<b>12.0</b>	<b>RWC Member Observations and Comments</b>	<b>Action</b>
	<p><b>Discussion:</b></p> <ul style="list-style-type: none"> <li>Stanton Territorial Hospital Renewal Project update was provided. <ul style="list-style-type: none"> <li>Meeting was held on June 14, 2017 in Yellowknife.</li> <li>Project plans to be shared once finalized and approved.</li> <li>Discussion of colours, garden design; the facility will be bright and welcoming.</li> </ul> </li> <li>RWC Member participated in Dene Nation Early Learning and Child Care in the NWT meeting in Yellowknife in June 2017. <ul style="list-style-type: none"> <li>Reviewed framework; discussion of concerns regarding social problems.</li> <li>Representation at the territorial level voicing concerns for First Nation Children would be a great benefit to everyone.</li> <li>At the community level we need to reach out to parents, provide parenting classes, and a resources room.</li> <li>There is an opportunity here for partnerships. I look forward to enhancing these programs in the future.</li> </ul> </li> </ul> <p><b>Question:</b> What program does parenting classes fall under? We have been asking for this for so long.</p> <p><b>Answer (COO):</b></p> <ul style="list-style-type: none"> <li>Parenting skills development falls under the Healthy Families Community Wellness Worker (HFCWW) program.</li> <li>Workshops incorporating traditional components would be valuable for community members.</li> </ul> <p><b>Discussion:</b></p> <ul style="list-style-type: none"> <li>Awaiting further information regarding renewal or reappointment for RWC member terms.</li> <li>Tulita RWC member will not be seeking reappointment due to numerous other commitments.</li> <li>COO will circulate RWC term renewal and nomination information as soon as it is received from the Department of Health and Social Services.</li> </ul>	<p><b>COO</b> to follow-up with Regional Manager, Mental Health and Addictions to review parenting skills development aspect of the Healthy Families Community Wellness Worker program; host workshops with traditional components.</p>
<b>13.0</b>	<b>Home Support Workers</b>	<b>Action</b>



	<p><b>Discussion:</b></p> <ul style="list-style-type: none"> <li>▪ Noted previous discussion in agenda item 8.</li> <li>▪ To be discussed by Regional Manager, Community Health Centres and Regional Manager, Continuing Care at next face-to-face RWC meeting.</li> <li>▪ COO encourages any complaints to be forwarded to her office for resolution/discussion.</li> </ul>	
<b>14.0</b>	<b>New Facility in Norman Wells</b>	<b>Action</b>
	<p><b>Discussion:</b></p> <ul style="list-style-type: none"> <li>• Two RWC members volunteered to sit on a Transition Team subcommittee to discuss artwork and décor recommendations for the new facility in Norman Wells.</li> <li>• RWC will assist with community engagement on this project.</li> </ul>	
<b>15.0</b>	<b>Other Business</b>	<b>Action</b>
<b>15.1</b>	<p><b>Staff Training</b></p> <p><b>Discussion:</b></p> <ul style="list-style-type: none"> <li>▪ Training for staff to help foster positive workplace environment, team-building and staff morale.</li> <li>▪ Community members are noting issues in staff behavior (e.g. blaming and gossip).</li> <li>▪ COO reviewed Harassment Free and Respectful Workplace Policy. <ul style="list-style-type: none"> <li>▪ Supervisors have received training in addressing respect in the workplace issues.</li> <li>▪ Important to review with staff on how to report it, who to contact for support, and to provide resources/workshops for frontline workers in communities.</li> <li>▪ This training has been provided in the past but can be revisited.</li> </ul> </li> <li>▪ Strengthening partnerships was one of the goals of the recent Community Healthy Living Fairs. <ul style="list-style-type: none"> <li>▪ A staff gathering would be beneficial to get all frontline workers together (e.g. Deline Got'ine Government, RWC and NTHSSA).</li> <li>▪ More communication is important.</li> </ul> </li> </ul>	
<b>16.0</b>	<b>Closing Reflections/Prayer</b>	<b>Action</b>
	<ul style="list-style-type: none"> <li>▪ RWC Chair expressed thanks to the RWC member who will not be seeking reappointment.</li> </ul>	

	<ul style="list-style-type: none"> <li>▪ Closing prayer led by RWC Chair.</li> </ul>	
<b>17.0</b>	<b>Adjournment</b>	<b>Action</b>
	<ul style="list-style-type: none"> <li>▪ The Council moves to adjourn meeting.</li> <li>▪ <i>Moved by Alphonsine McNeely.</i></li> </ul>	
<b>Adjourned: 3:45 p.m.</b>		
<b>Next Meeting:</b> October 2017 in Colville Lake (timed between Leadership Council meetings).		