

**Regional Wellness Council (RWC) – Sahtu Region
Meeting MINUTES**

March 14, 2024, | 9:00 am – 2:30 pm
Deline, NT – Via Teleconference

#	Item	Notes
1.0	Call to Order by Chair	9:10 AM
2.0	Reflection/Prayer	Prayer led by Gina Dolphus.
3.0	Attendance	<p><u>Attendees:</u> Gina Dolphus – RWC Chair Angela Grandjambe – RWC Member Loretta Wiley – RWC Member – Virtual Alexis Peachey – RWC Member – Virtual Melanie Harding – RWC Member – Virtual Cathy Mackeinz – Taylor – RWC Member Angela Bernarde – RWC Member Mireille Hamlyn – Chief Operating Officer (COO), NTHSSA – Sahtu Region Lynda MacCauley – Executive and Health Information Coordinator – virtual</p> <p><u>Guests:</u> Fraser Lennie, Director Quality & Risk and Client Experience Dr. Kami Kandola, Chief Public Health Officer Arlene Jorgensen, COO – NTHSSA Tina Abellera, Regional Manager, Mental Health and Addictions Tracy Hoff, Senior Indigenous Patient Advocate Meadhbh Quigg, Mental Health and Addictions Counsellor Allan Stanzell, Senior Advisor, Governance Crystal Craig, Regional Manager, Child and Family Services Kushalini Naidoo, Regional Supervisor, Child, Family and Community Wellness Leonard Omwenga, Community Social Services Worker Mandi McDonald, Regional Manager, Operations Thichan Tran, Mental Health and Addictions Counsellor Colleen Murphy, Regional Managers, Community Health Centres Kofi Yeboah, Family and Community Social Worker Madelaine Calliou, Child and Youth Family Counsellor</p>

	Susan Harrington, Community Social Services Worker	
	Regrets: Approval of Agenda	
	<i>The Council moves to approve the Agenda as presented:</i> Motion #03-24 - 2 Moved by: Cathy Mackeinzo - Taylor Seconded by: Angela Bernarde All in Favour. Motion Carried.	
5.0	Chairs Report Next meeting – no report	
6.0	Presentation(s) HSS Office of Client Experience Q2 – Q3 Monitoring Report – Fraser Lennie RWC Member Bernarde – Can advertisement be taken into consideration for plain language. RWC Member Wiley – Can visual/audio be implemented into promotion and advertisement? Response – will take feedback and see what can be implanted further into advertisement and promotion. Chief Public Health Officer – Substance Use Dr. Kami Kandola RWC Chair Dolphus – In 2022 young children early as age 11 have started drugs, not being educated enough in school. Can we start there? Response – would have to reach out to the school (different department) Superintendent that you would like and want to see in school. RWC Member Bernarde: Would like a copy of the presentation to distribute to the community and leaders. Community members to talk about this presentation on to a healthy living path. Response – will send to Mimi or Lynda to distribute to all RWC members.	Action

7.0	Action Items Review	Action
	<p>Please refer to the Action List provided with the Agenda.</p> <ul style="list-style-type: none"> • October 10th 2023 Minutes – <p>Moved by: Angela Bernarde Seconded by: Angela Grandjambe All in Favour. Motion Carried.</p> <ul style="list-style-type: none"> • October 11th 2023 Minutes – <p>Moved by: Angela Grandjambe Seconded by: Angela Bernarde All in Favour. Motion Carried.</p>	
7.0	COO Report	Action
	<p>COO Report is attached</p> <p>RWC Member Bernarde – Why do they have more stats on colorectal cancer?</p> <p>Response – unknown, more promotion possibly. Can surrounding communities get Cancer Fit promotions/prizes/gift cards to get it out there more.</p> <p>RWC Member Grandjambe – What do we do when we are approached or reached out by individuals on concerns/issues?</p> <p>Response – Bring to COO/RWC Chair, COO can be called. COO Business cards that were handed out have client of experience on the back with their contact information.</p>	
8.0	Program Priority Discussion – Mental Health Initiative	Action
	<p>RWC Member Mackeinzo – Taylor: What are the next steps?</p> <p>COO Response – SSI will invite RWC to their next meeting to see if they are on board and will work together on collaboration.</p> <p>Arlene Jorgensen – While waiting on SSI's decision RWC can decide on their working group and changes. What is RWC wanting to do? What is NTHSSA wanting to do aside SSI?</p> <p>COO – would like to hold another meeting to discuss?</p>	

	ALL RWC Members – yes, virtually.	
9.0	Medical Travel Discussion <p>RWC Member Grandjambe – Flights have decreased during winter road, and planes have increased in travelers. Not all medicals get on when needed, regardless of priority. Planes are always full.</p> <p>RWC Member Bernarde – Escorts, Elders are approved to go when needed, however, without an escort to help them.</p> <p>RWC Member Mackeinzo – Taylor – Specialized medical travel to do specialists on certain dates. Can the appointments be booked right away.</p> <p>COO Response – As soon as appointments are received they are sent to Medical Travel to be booked.</p> <p>Executive Health and Information Coordinator – The hold up is behind Medical Travel. Clerks at Health Centres do send in appointments as received. However, once medical travel gets it, they are to book the travel. Just wanted to share that information.</p> <p>RWC Member Cathy Mackeinzo – Taylor – Boarding home and Quality Inn Hotel; there is more fear staying in Quality Inn after the murder incident. Can another hotel be used, as people are struggling to find private stays. They are wanting more and more to stay private rather than stay in the boarding home and hotel.</p> <p>Executive Health and Information Coordinator – The hotel is bunking individuals who are unknown to each other in the hotel as well.</p> <p>RWC Member Mackeinzo – Taylor – Bring medical travel issues/concerns to leadership council meeting and bring back on the next agenda as well.</p>	Action
10.0	Round Table <p>Next RWC Meeting – Colville Lake (if not, Norman Wells)</p> <p>RWC Chair Dolphus – Chair seat is ineffective July 31st 2024. RWC needs to appoint a new chair.</p>	Action

RWC Member Grandjambe – Good information shared in these presentations. We need to start thinking of all the illegal drugs coming into our region. The mental health initiative needs to get started and get our members from communities to help and work within it.

RWC Member Bernarde – Would like to see the illegal drug use presentation distributed to all communities and leadership to get an insight of what is really is and what it really is doing to our communities. Get it out there, faster we see it out there and help the faster we can save.

RWC Mackeinzo – Taylor – There was an incident over the weekend. Still waiting on coroner, unknown funeral date.

COO Response – Is additional support needed during or after the funeral, or both?

RWC Mackeinzo – Taylor – yes, both during and after. An elder is also not doing well and is letting people know now is the time to visit her.

RWC Chair Dolphus – People need time to absorb, need help. Additional support is appreciated.

RWC Member Harding – Our emergency transportation in communities, how are they used.

COO Response – 911 can be called. Nurses do not respond outside of facility. NW/TUL (fire departments) can only transport from homes to the facility. Contract with airport for medivac to and from health center to medevac plane. MACA and HSS are looking into ways that can help this situation.

RWC Member Peacheay – Medical escorts approvals. How does the policy work? How does the approvals work?

COO Response – Ministerial policy online. Will obtain a copy to distribute. There is also an appeals process. However, cabinet minister reviews policy for changes. 18 & under are always approved for escort and 72 and over it is believed.

RWC Chair Dolphus – Thank you to all who have brought concerns forward. I have seen many board members, this board is different and brings forward a lot that needs to be ad-

	<p>dressed. We have lots of issues in our communities within the Sahtu Region. Not all have been completed or updated for past concerns. Would like to know what medical supplies are we eligible for? Can we get faster/better diagnosis in our health centers? No more Tylenol! No more being sent home when our people know their bodies and know they are unwell/sick. Can we be given the care we are entitled too? Territorial and federal government can make noise for funding, its there, were entitle to it. Bring it to our leaders, to bring to Ottawa. Get the drug dealer signs up in our communities. Every community we have talented individuals who can create these pieces for us if we allow them too.</p> <p>RWC Member Bernarde – Can we have different information on cancer care. Send to every CHR in the communities to get the information out there.</p>	
11.0	Closing Reflections / Prayer	Action
	RWC Chair – Gina Dolphus	
12.0	Adjournment	Action
	Meeting Adjourned at 1:50 PM	

Approval RWC Chair

Signature Gina Dolphus

DATE_ 31 July 2024

**Regional Wellness Council (RWC) – Sahtu Region
Meeting MINUTES**

March 13, 2024 | 1:30 pm – 4:30 pm
Deline, NT – Via Teleconference

#	Item	Notes
1.0	Call to Order by Chair	1:27 PM
2.0	Reflection/Prayer Prayer led by Gina Dolphus. Reflection led by Deline Chief Danny Gaudet Supportive system for schools, housing, jobs, traditional way of life, healthy living, diabetic prevention. NIHB approval barriers.	
3.0	Attendance <u>Attendees:</u> Gina Dolphus – RWC Chair Angela Grandjambe – RWC Member Loretta Wiley – RWC Member - virtual Alexis Peachey – RWC Member – Virtual Angela Bernarde – RWC Member Cathy Mackenzie-Taylor RWC Member Mireille Hamlyn – Chief Operating Officer (COO), NTHSSA – Sahtu Region Lynda MacCauley – Executive and Health Information Coordinator– Virtual <u>Guests:</u> Jenna Long, Director Health Services & Crystal Craig, Regional Manager, Child and Family Services Larissa Doyle, Territorial Director, Prevention and Preservation Colleen Murphy, Regional Manager, Community Health Centres Kofi Yeboah, Family and Community Social Worker Leonard Omwenga, Community Social Services Worker Mandi McDonald, Regional Manager, Operations Susan Harrington, Community Social Service Worker Geraldine McDonald, Child and Family Wellness Brian Kolback, Territorial Manager, Supportive Living Delesha Shaw, Regional Child Youth Counsellor Gail Houser, Regional Manager, Continuing Care Meadhbh Quigg, Mental Health and Addictions Counsellor	

	<p>Michael Kohle, Territorial Specialist, Cancer Screening Catherine Dixon, Territorial Manager, Cancer Care Allan Stanzell, Senior Advisor, Governance</p> <p><u>Regrets:</u></p>	
	<p>Approval of Agenda <i>The Council moves to approve the Agenda as presented:</i></p> <p>Motion #03-24 Moved by: Angela Grandjambe Seconded by: Angela Bernarde All in Favour. Motion Carried.</p>	
5.0	<p>Presentation(s)</p> <p>Cancer Navigation and Colorectal Cancer Screening Sahtu – Jenna Long & Catherine Dixon</p> <p>RWC Member Bernarde – Why is there only colorectal cancer implemented on focus.</p> <p>Response – it's the only one implemented in the 7 regions.</p> <p>RWC Member Peachey – can we implement more ovarian cancer screenings during well women checks.</p> <p>Response – Would need third party funding to do so. After colorectal screening, focus will begin on clinical screenings, but there is no clinical pathway for ovarian cancer screening.</p> <p>RWC Member Dolphus – Screening kits, where and when can these kits be provided and done?</p> <p>Response – The kits are sent out and also given by the health center, they can be done at home and returned when completed anytime.</p> <p>RWC Member Dolphus – How and where in the communities is the cancer team working with patients/clients?</p> <p>Response – Directly with the cancer patients, emails to CHR are sent twice a year as well as</p>	<p>Action</p>

	<p>when materials are updated as well.</p> <p>RWC Member Mackeinzo-Taylor: Is the NWT cancer team working alongside with GOBA Care/Melinda Laboucan in Edmonton?</p> <p>Response – Yes, working and navigating back and forth with questions/resources.</p> <p>RWC Member Grandjambe – Issues with community patients and escorts with flights – no winter road is when flights increase and when the winter road is open, flights decrease.</p> <p>Response – Trying the best to navigate to support when and where needed.</p> <p>Jenna Long Response – The navigation team gets involved and stays involved as needed all the way through the cancer care plan. Linking patients to support groups. Resources are shared with patients and families. Patient satisfactory survey for feedback is available.</p>	
6.0	Action Items Review	Action
	<p>Child, Family and Community Wellness Overview – Crystal Craig</p> <p>RWC Member Grandjambe – How is extra care/resources provided to children with disabilities? Autism, ADHD, Respite Care – Assisting with families?</p> <p>Response – Navigating for resources. Respite is challenging and there are steps to go through, ex; pathways/referrals. Support resources come from child and family services.</p> <p>RWC Member Wiley – Funeral program in depth is different from Indian Affairs – Can NTHSSA and IA work together? And is this service available online?</p> <p>Response – Program is funded, Mckenna funeral home operates the program. Which has been a huge relief to families. Ministerial directive, not level detail available online. Will get feedback from COO in Sahtu to initiate online availability if possible.</p>	
7.0	Adjournment	Action
	Meeting Adjourned at 4:25 PM	

Approval RWC Chair

Signature Gina Dolphus

DATE 31 July 2024