

## Yellowknife Regional Wellness Council Meeting Minutes

**Wednesday, December 1, 2021**

**4:30 PM – 7:00PM**

**Location: Goga Cho, 2nd Floor Boardroom (4916 47 Street)**

**Teleconference: 1 647 556 5305 | Code: 13371256#**

**Video: <https://my.telemerge.ca/meet/13371256>**

**Mission:** Working with people to optimize wellbeing through the provision of collaborative and culturally appropriate health and social service

**Vision:** Healthy People, Healthy Families, Healthy Communities

**Values:** Collaboration Accountability Integrity Respect

**Cultural safety:** An outcome where Indigenous peoples feel safe and respected, free of racism and discrimination, when accessing health and social services.

**Acknowledgment of Land:** We acknowledge that we are in the Chief Drygeese territory.

From time immemorial, it has been the traditional land of the Yellowknives Dene First Nation, and more recently, the homeland of the North Slave Métis.

We respect the histories, languages, and cultures of First Nations, Metis, Inuit, and all First Peoples of Canada, whose presence continues to enrich our vibrant community.

**Members:**

**X Nancy Trotter, Chair**

**X Lorie-Anne Danielson, COO**

**X Cynthia Jewell, ES – Minutes**

**X Elizabeth Liske (via phone)**

**Marie Speakman - regrets**

**X Brandie Miersch (via phone)**

**X Katey Davis**

**X Gilbert Langsi (via phone)**

**X Gloria Enzo**

**X Nancy Cymbalisty**

**Guests:**

**X Sabrina Flack – Northern Birthwork Collective**

**X Dehga Scott – Northern Birthwork Collective (via video)**

#	Item	Time	Responsibility
1.0	Call to Order	4:43	Chairperson
2.0	Reflection/Prayer	4:44	Chairperson
3.0	Welcome & Introductions	4:45	Chairperson
	3.1 Acknowledgement of traditional territory		Chairperson
	3.2 Safety Overview		COO

<b>4.0</b>	<b>Guest Speaker</b>		
	<p><b>Presentation of the Northern Birth work Collective by Sabrina Flack &amp; Dehga Scott</b></p> <p>Questions:</p> <p>1. What is the difference with Doula A: Birth worker and Doula are the same. Doula derives from the Greek word for slave.</p> <p>2. How many birth workers do you currently have? A: 4 birth workers and 11 newly trained birth works not yet ready to have clients.</p> <p>3. Do you work with Doula's? A: Yes, hosting support, focus on training indigenous birth workers. Expanding midwifery program. Shift in priority with OBS closure. 2 Midwives in Yellowknife possibly 4.</p> <p>4. Can we get a presentation from Midwifery? A: The Midwifery NTHSSA staff members were invited to present at this meeting. Unfortunately they declined, but offered to attend the January or February 2022 RWC meeting.</p> <p>5. How do people pay for a birth worker? A: Currently not covered by health care. Not an accessible serviced. \$1000.00 to \$1300.00 for birth. Not sustainable for birth worker at lower rate. Looking for program funding, Doula for aboriginal families funding.</p> <p>6. Would this program be offered, and would we have a mid wife in Fort Res? A: Birth Worker and Mid-wife are quite different. Mid-wives are the primary care provider and clinical care.</p> <p>7. Will there be a call for each community? A: Dependant on the pandemic and what we can do. Ideally, we would like to have training in the communities. With this training, individuals will build a network of support and ensure each community has their knowledge, belief and values represented to ensure that the future generations are supported.</p>	4:50	
<b>5.0</b>	<b>Agenda and Minutes</b>		
	<p>5.1 Previous Meeting Minutes – Review and Approval No Errors or omissions:</p> <ul style="list-style-type: none"> <li>• Moved Allen Stanzell to guest November Minutes</li> </ul> <p>Motion: Gloria Enzo Second: Katey Davis All in favor</p>	5:20	Chairperson

	<p>5.2 Approval of Agenda</p> <ul style="list-style-type: none"> <li>No changes</li> </ul> <p>Motion: Brandie Miersch Second: Nancy Cymbalisky All in favor</p>		
	<p>5.3 Declaration of Conflict of Interest</p> <ul style="list-style-type: none"> <li>None</li> </ul>		
<b>6.0</b>	<b>Business Arising</b>		
	<p>6.1 COVID Update</p> <ul style="list-style-type: none"> <li>Relatively stable <ul style="list-style-type: none"> <li>YK Region no active cases until today and yesterday. 2 new cases.</li> <li>Both in schools and contact tracing is being complete.</li> </ul> </li> <li>Vaccination 5-to-11-year-olds. Lutsel K'e did a door to door and no one came.</li> <li>We are open to suggestions on how we can improve the uptake in your communities.</li> <li>Presentation today from Andy Delli Pizzi and he advised that travel restrictions into the spring.</li> <li>Some of the community's consents are going home from the school and immunizations happening in school.</li> <li>Vaccine in the current form is good for 10 weeks for 5- to 11-year-olds.</li> <li>22 kids vaccinated in Fort Resolution within the first couple of days.</li> </ul> <p>Question:</p> <ol style="list-style-type: none"> <li>How many kids got vaccinated in Yellowknife? A: Approximately greater than 100.</li> </ol>	5:25	COO
	<p>6.2 RWC Activity Plan</p> <ul style="list-style-type: none"> <li>The date for a few of the topic areas were changed</li> <li>January meeting - Immigrants Accessing health care moved to February. Mental Health and addictions moved to January.</li> <li>We hope to fit the midwifery presentation in at a future time.</li> <li>Need to confirm with mental health for January.</li> <li>Moved medical travel to May.</li> </ul>		Chairperson
	<p>6.3 Review Action Items</p> <ul style="list-style-type: none"> <li>Lutsel K'e transportation - COO reported, a meeting has been set up to take a look at the transportation concern,</li> </ul>	5:35	
<b>7.0</b>	<p><b>New Business:</b></p> <ul style="list-style-type: none"> <li>None</li> </ul>	5:40	Chairperson
<b>8.0</b>	<p><b>Chairperson Report (in addition to circulated report):</b></p> <ul style="list-style-type: none"> <li>Sent an invitation to Minister Julie Green to meet with us</li> </ul>	5:50	Chairperson

	<p>in January. She has accepted.</p> <ul style="list-style-type: none"> <li>• Possibly a supper meeting.</li> <li>• Annually we look at the code of conduct. The form will be available for signing at the next meeting.</li> <li>• The Leadership Council Meetings are taking place today and tomorrow. Today a COVID Update was provided.</li> <li>• Reports from different regions across the north were given.</li> <li>• Most of the Leadership Council Meeting is open to the public, this time some members of the public connected by phone. RWC members are encouraged to sit in on the meetings when possible.</li> <li>• A Christmas thank you will be sent out to all YK Region staff. It will be an insert to be included in the Christmas cards.</li> </ul> <p>Questions:</p> <p>1. How does the public know about the LC meeting? A: Generally, information is on the website and posted on Facebook.</p>		
<p><b>9.0</b></p>	<p><b>COO Report (see submitted report):</b></p> <p>Questions:</p> <p>1. Vaccination for kids can you walk-in or do you have to book? A: they prefer you book they will take the people with appointments first.</p> <p>2. Is the Fort Resolution Health Centre giving covid vaccines every day? A: I will have to come back with this information. – confirmed that testing is being done every day.</p> <p>3. Proof of COVID test negative/positive? A: You will receive a telephone call of your results and in some areas by email. Otherwise when tested, you will receive a document that confirms you have been tested (no results) that you can provide to employers. If you want a printed version of your results, you can contact your physician for the testing information.</p> <p>4. To follow up people who have been vaccinated have a QR code. I worry that they don't have a paper indicating that they are negative. A: People can print up a record of vaccination on line or at the health centre.</p> <p>5. Does the reduction of labour and delivery services at the hospital affect public health services? A: It hasn't when they reduced the services at STH there was a team of physicians that phoned the women impacted. There is skeleton staff in OBS that can do emergency deliveries.</p> <p>6. Will public health nurses know about the women/families they</p>	<p>6:20</p>	<p>COO</p>

	<p>should be visiting and when they are back from Edmonton?  A: A note would go into EMR and there is a database developed for tracking.</p> <p>7. The report states, Public Health is working to increase public awareness on the syphilis outbreak. Can you provide more information on the public awareness campaign, possibly at the next meeting?  A: We continue to build on the strategies implemented two years ago when the outbreak was initially declared. COO will report on activities for the next meeting.</p>		
<b>10.0</b>	<p><b>Roundtable Updates - Community activities, questions and concerns:</b></p> <ul style="list-style-type: none"> <li>• In Lutsel'ke we had a grieving and loss workshop and a suicide prevention workshop not many people attend. We moved it to a 1 on 1 counselling session. We had couples counseling. Next week men's healing workshop. Asked them to do intergenerational trauma with the grade 11 &amp; 12 students.</li> <li>• A Yellowknife member noted, good news, the government Bill C-4 was passed in the House of Commons today. The bill bans conversion therapy for LGBTQ Canadians. It is also an offence to send a child to any other country for conversion therapy.</li> <li>• Members expressed concern for the moral of nurses.</li> <li>• COO reported: <ul style="list-style-type: none"> <li>○ This is being looked at the territorial level.</li> <li>○ Getting feedback from surveys. Doing exit interviews. Priority of the organization.</li> </ul> </li> <li>• Approximately a 60,000-nurse deficit in Canada.</li> <li>• A member reported, the phone system is difficult and hard to navigate for indigenous people.</li> <li>• COO reported: <ul style="list-style-type: none"> <li>○ We minimized language and number of buttons for the short term. In the next 2 weeks new phone tree will be implemented.</li> </ul> </li> </ul>	6:50	Chairperson
<b>11.0</b>	<p><b>RWC Report to Leadership Council - Items to take forward to the Leadership Council:</b>  We would like to express gratitude to the Yellowknife Region staff for their hard work over the past year and especially during the ongoing COVID pandemic.</p>	6:55	Chairperson
<b>12.0</b>	<p><b>Closing Reflections / Prayer:</b>  Gloria gave the closing prayer</p>	6:59	Member
<b>13.0</b>	<p><b>Motion to Adjourn:</b>  Motion: Katey Davis  Second: Nancy Cymbalisty  All in favour</p>	7:01	Chairperson

Next Meeting –February 16, 2022

	<b>ACTION ITEMS</b>	<b>OWNER</b>	<b>ASSIGNED</b>	<b>DUE</b>	<b>Completed</b>
<b>1.</b>	Lutsel'Ke Transportation	COO	LA	Feb 2022	
<b>2.</b>	Code of Conduct	Chairperson	CJ	Jan 15 2022	
<b>3.</b>	Update on Syphilis Outbreak public awareness campaign	COO	LA	Feb 2022	