



Date of appointment:

Date of client's 1<sup>st</sup> contact:

### Travel Health Clinic

All international travelers should complete the following questionnaire 8-12 weeks prior to initial visit to Travel Health Clinic. **Certain information is necessary for proper treatment and recommendations prior to your trip. Please complete the following as best as you can. All information is considered confidential.**

**NAME:** \_\_\_\_\_

**DOB:** \_\_\_\_\_ **Ph #** \_\_\_\_\_

**THE PERSONAL HEALTH INFORMATION ON THIS FORM IS COLLECTED UNDER THE NWT HEALTH INFORMATION ACT AND WILL NOT BE USED OR DISCLOSED UNLESS ALLOWED OR REQUIRED BY THIS ACT OR ANY OTHER ACT.**

( ) Fees have been reviewed Initial and Date \_\_\_\_\_

#### Travel Plans:

Date Leaving Yellowknife: \_\_\_\_\_ Date Leaving Canada: \_\_\_\_\_ Length of trip: \_\_\_\_\_

Purpose of trip: [ ] business, [ ] pleasure, [ ] other \_\_\_\_\_

Type of travel: [ ] urban (cities, towns), [ ] rural (villages, countryside)

Type of Accommodation: [ ] hotel, [ ] resort, [ ] hostels, [ ] camping, [ ] cruise ship, [ ] staying with relatives/friends.

Types of Activity: [ ] hiking, [ ] mountain climbing, [ ] scuba diving, [ ] cave diving, [ ] eco-traveler, [ ] other \_\_\_\_\_

Please list all countries in order of visit and the expected time of stay in each country:

	Country	City	Length of Stay	Please identify any special concerns you have about this trip:
1.				
2.				
3.				
4.				
5.				
6.				

**Health History:** Date \_\_\_\_\_

Do you have any **allergies**?

Yes No Please list: \_\_\_\_\_

Are you currently taking medications?

Yes No Please list all medications including birth control, herbal preparations and OTC medications: \_\_\_\_\_

Do you have any special health concerns? Please identify. \_\_\_\_\_

- Yes No Have you ever had a serious reaction to an immunization?
- Yes No Have you ever had seizures or neurological conditions?
- Yes No Do you have diabetes?
- Yes No Have you ever had heart disease/surgery?
- Yes No Have you ever had any lung disease?
- Yes No Have you ever had any liver disease?
- Yes No Have you ever had kidney disease?
- Yes No Do you have any history of psychiatric problems (depression)?
- Yes No Do you have any history of immune system disorders?
- Yes No Have you received any blood products or immune globulin in the past 3 months?
- Yes No Are you pregnant?
- Yes No Are you breast feeding?

**It is clinic policy that fees are due and payable on the day immunizations are provided.**

Once complete please drop this form off with your health centre or public health unit. Yellowknife residents may email a copy to: [Nthssa-YK\\_publichealthadmin@gov.nt.ca](mailto:Nthssa-YK_publichealthadmin@gov.nt.ca)

# To be completed by Travel Nurse

## Health Education

Discussed/Given	Discussed/Given	Discussed/Given
F & W borne diseases	Dengue Fever	Motor Vehicle Accidents
Diarrhea	Ticks	STI
Insect precautions	Japanese Encephalitis	TB
Mosquito Nets	Rabies	Cruises
Sun protection	Altitude Sickness	Travel with Children
Water purifiers	Fresh Water Swimming	Pregnancy & Breastfeeding
First Aid Kits	Bare Feet; Bott Fly	Travax printed info.
		Vaccine info.

**Malaria Risk Areas:** No      Low      Moderate      High      Insect precautions only

Has client taken anti-malarial medication before? No      Yes      name of medication.

Previous side effects:

**Traveler's Diarrhea Risk:** Low      Moderate      High

Previous Problems:

### Recommended Medication & Health Education:

Mefloquine \_\_\_\_doses      Malarone \_\_\_\_doses      Diamox \_\_\_\_doses

Doxycycline \_\_\_\_doses      Chloroquine \_\_\_\_doses      WT \_\_\_\_\_

Cipro      Zithromax

Refer to physician \_\_\_\_\_      Provide PX To: \_\_\_\_\_

Under 5 years of age consult family physician for malaria medications      Faxed \_\_\_\_\_

See progress notes.

Consult Date \_\_\_\_\_ Signature \_\_\_\_\_

### Vaccines: Also see Immunization Record

**KEY:** ✓: Strongly recommended by Travax      ? : Recommended by Travax (Low-risk)      UTD: Up to date      -----: Not required for this trip

Proposed Schedule		Key	Fit to Immunize	Date	Date	Date	Date	Comments
			Hepatitis A					
			Hepatitis B					
			Rabies					
			Japanese Encephalitis					
			Mantoux (TB) Skin Test					
			Measles, Mumps, Rubella					
			Meningococcal Meningitis					
			Pneumococcal Pneumonia					
			Influenza					
			Polio					
			Tetanus/Diphtheria /Pertussis					
			Typhoid					
			Yellow Fever					
			Dukoral					
			Varicella					
			Other					
RN Initials								