

Yellowknife Regional Wellness Council Meeting Minutes

Thursday January 16, 2020
5:00 PM – 8:00 PM
Goga Cho, 2nd Floor Boardroom

Mission: Working with people to optimize wellbeing through the provision of collaborative and culturally appropriate health and social service

Vision: Healthy People, Healthy Families, Healthy Communities

Values: Collaboration Accountability Integrity Respect


Attendance:

- ✓ **Nancy Trotter**
- R Liz Liske**
- ✓ **Karen Hamre**
- ✓ **Liliana Canadic**, COO
- ✓ **Michelle MacDonald**, EA – Minutes
- R Melanie Murphy**, Senior Advisor Governance
- ✓ **Brandie Miersch** (via phone)
- ✓ **Marie Speakman**
- ✓ **Emelie Saunders**
- ✓ **Katey Simmons**

Guests:

- David McGuire**, Manager, Communications
- Kathy Spooner**, Manager, Planning, Reporting and Evaluating
- Lisa Cardinal**, Director, Corporate Planning, Reporting and Evaluating

#	Item
1.0	Call to Order The meeting was called to order at 5:10pm
2.0	Reflection / Prayer Meeting began with a prayer lead by Emelie Saunders
3.0	Welcome & Introductions <i>Acknowledgement of Chief Drygeese traditional territory of the Yellowknives Dene.</i> Introductions were made around the table.
4.0	Safety Overview Liliana reviewed safety and emergency procedures for the building

5.0	<p>Additional Agenda Items</p> <p>No additional agenda items. Items #10 & #11 moved before "New Business"</p>
	<p>5.1 Approval of the Agenda</p> <p>Karen moved to approve the agenda, Emelie seconded. All in favour.</p>
	<p>5.2 Declaration of Conflict of Interest</p> <p>No conflicts were declared.</p>
6.0	<p>Previous Meeting Minutes - Review and Approval</p> <p>Karen moved to approve the minutes, Emelie seconded. All in favour.</p>
7.0	<p>Focus: Mental Health & Addictions</p>
	<p>7.1 Guest Speaker: Nathalie Nadeau, Director of Child, Family and Community Wellness, Northwest Territories Health and Social Services Authority – NTHSSA</p> <ul style="list-style-type: none"> • Nathalie noted that a similar presentation was presented to the Leadership Council in November • Questions & Feedback: <ul style="list-style-type: none"> • A member questioned the accuracy of the survey done in Lutselk'e • Discussion about the mental health system and the referral process • A member mentioned the lack of a counsellor schedule in Fort Resolution. People in the community are using telephone sessions • Discussion about parents accessing child & youth addiction services for individuals under 19 and the support with the CYCC (Community Youth & Child Counsellors) • Discussion about nurses working with family to develop a plan instead of admitting and the option of Sick Kids tele- psychiatry as of February 1, 2020 • Discussion about the importance of child & family services children to be connected to grandparents, elders, culture & traditions. • Discussion of protocols for principals in schools (elders in residence, CYCC). • Suggestions of NGO (Non-Government Organization) that RWC can engage (Disability Council/Sobering Centre) <p style="text-align: center;">  Leadership Council presentation - Yellowknife </p>
8.0	<p>Business Arising</p>
	<p>8.1 Northern Conversations Recommendations</p> <ul style="list-style-type: none"> • Some of the recommendations were forwarded to the Leadership Council
	<p>8.2 Stanton Volunteer Program up-date</p> <ul style="list-style-type: none"> • Forwarded to Leadership Council
	<p>8.3 RWC Handbook</p> <ul style="list-style-type: none"> • Next draft available at the end of January. Adding to agenda in February.

9.0	New Business
	9.1 In Camera Discussion Karen motioned to go in-camera, Emelie seconded. All in favour.
10.0	Chairperson Report <ul style="list-style-type: none"> Nancy reviewed her report
11.0	COO YK Region Activity Update <ul style="list-style-type: none"> Liliana reviewed her report
12.0	Roundtable Updates- Community activities, questions and concerns
	<ul style="list-style-type: none"> A member stated that a home care worker is still needed in Lutselk'e A member mentioned a need for partnerships with NGO (non-government organizations) A member mentioned a need to change the sign at the DI (Diagnostic Imaging) lab in Pod B (at Primary Care Clinic) to the time staff is expected back A member mentioned a positive experience with physician and palliative home care A member stated that Alternatives North would like a presentation on Primary Health Reform at one of their Wednesday 12pm meetings A member mentioned that Kami Kandola stated she is working on getting flavoured vaping fluid banned in the NWT A member questioned if there are 911 alternatives for deaf, mute and blind Cancer Care presentation will be moved to April Next meeting will focus on Sobering Centre (Disability Council)
13.0	RWC Report to Leadership Council- what items do we want to take forward to the Leadership Council?
	<ul style="list-style-type: none"> It is nice to have an all-female council but in the spirit of gender equity it is recommended, that when the next council member's term expires a male is considered for the position. We look forward to follow up on previous issues
14.0	Closing Reflections / Prayer Marie closed the meeting with a prayer.
16.0	Adjournment
	Meeting was adjourned at 8:17pm

Next Meeting – February 20, 2020