



Yellowknife Regional Wellness Council Meeting Minutes

Friday, May 22, 2020

3:30 PM – 5:00 PM

Teleconference: 1 647 556 5305 | Code: 13371256#

Video: <https://my.telemerge.ca/meet/13371256>

Mission: Working with people to optimize wellbeing through the provision of collaborative and culturally appropriate health and social service

Vision: Healthy People, Healthy Families, Healthy Communities

Values: Collaboration Accountability Integrity Respect

Attendance:

- ✓ **Nancy Trotter**
- ✓ **Liz Liske**
- ✓ **Karen Hamre**
- ✓ **Liliana Canadic, COO**
- ✓ **Michelle MacDonald, EA – Minutes**
- ✓ **Brandie Miersch (via phone)**
- R Marie Speakman**
- ✓ **Emelie Saunders**
- ✓ **Katey Simmons (via phone)**

Guests:

Andy Delli Pizzi, Deputy Chief Health Officer – Health & Social Services

Dr. David Pontin, MD, Area Medical Director – YK Region

#	Item
1.0	Call to Order <ul style="list-style-type: none"> • Meeting called to order at 3:33pm
2.0	Reflection / Prayer <ul style="list-style-type: none"> • Due to guest speakers, opening prayer was skipped.
3.0	Welcome & Introductions <i>Acknowledgement of traditional territory</i> <ul style="list-style-type: none"> • Nancy welcomed everyone to the meeting
4.0	Guest Speakers

<p>4.1. COVID-19 Emerging Widely Update - Andy Delli Pizzi, Deputy Chief Health Officer – Health & Social Services</p> <ul style="list-style-type: none"> • Andy provided a brief update of COVID cases across the country and discussed Emerging Wisely document that was released last week <p>Q&A:</p> <ul style="list-style-type: none"> • A member questioned the border restrictions and concern of future change in restrictions that has the potential for people to travel outside NWT and not self-isolate on return <ul style="list-style-type: none"> • Border advisory is to avoid non-essential travel and that is not changing any time soon • A member asked about flights to Edmonton <ul style="list-style-type: none"> • Transport Canada has protective measures in place • A member questioned if essential services for elders were still happening <ul style="list-style-type: none"> • It was suggested to email Protect NWT • A member questioned being able to provide lunches for children <ul style="list-style-type: none"> • It is possible to safely provide food as long as it is individualized and not buffet style • A member questioned the guidelines about cloth masking <ul style="list-style-type: none"> • It was recommended that NWT residents follow Dr. Kandola’s advice that the public can wear masks in public. Andy shared an example of visiting the grocery store • A member shared a concern about NWT residents travelling to Edmonton for medical <ul style="list-style-type: none"> • Medical travel is limited to what is essential. Protective measures are being taken at facilities providing medical services. Patients are informed of the risk and are to self-isolate in hubs before returning to their home communities. • Andy encouraged council members to email him with any further questions
<p>4.2. Novel Coronavirus (2019-nCoV) Update – Dr. David Pontin, MD, Area Medical Director – YK Region</p> <ul style="list-style-type: none"> • Dr. Pontin provided a brief update of the past 10 weeks and that we are in a quieter stretch at the moment. Primary care is business as usual, move to virtual care being successful, essential staff coming into the territory are being screened and swabbed, new lab tool at Stanton for quicker testing results and the potential for “rough waters in September. <p>Q & A:</p> <ul style="list-style-type: none"> • A member questioned rapid testing and enough tests on hand <ul style="list-style-type: none"> • Dr. Pontin explained symptoms and testing • There are two different kinds of tests. Majority of tests are sent to Alberta as the new testing lab tool has a shortage of cartridges. There is a committee set up in the territory focusing on who should get these tests • A member asked about the report from the Disabilities Council and the “Managed Alcohol Program”. <ul style="list-style-type: none"> • The program has been moved to the Arnica Inn as the Sobering Centre has gone back to regular service and • The program is for patients with high risk medical conditions to keep them safe • Outreach team comprised of nurses and physicians being put together to visit shelters to meet the needs of those patients • The program at Arnica right now is for COVID. Stanton is also doing this program with success as well. Unclear of program post COVID

	<ul style="list-style-type: none"> The program is for people who are at risk of life threatening withdrawal if they stop drinking. Safer in an acute care setting to have small amounts of alcohol to prevent withdrawal. It has been shown to be incredible effective at stabilizing people's lives A member asked that with COVID, what have we learned that we can keep and what should we keep doing or do better <ul style="list-style-type: none"> How fast the health care system can move when it needs to when everyone is working together. We need to keep the nimbleness of the admin structure of the Health Authority. We can come together and make big decisions and implement when we need to A member mentioned that the Sobering Centre plan was well thought out and creative Dr. Pontin provided an update on the residency program (that has been in the works for a decade) is coming to the NWT as of July A member asked about northern training for Personal Support Workers (PSW) <ul style="list-style-type: none"> There is an on-going program at Aurora College and there are plans being worked on for Legacy Stanton A member questioned training for violent situations (shelters/sobering centre) <ul style="list-style-type: none"> Violence has been way down at the sobering centre Aurora College programs have been a key partner in training A member asked if virtual care innovations will continue after COVID <ul style="list-style-type: none"> Leadership Council has passed a motion to make a priority for virtual care to continue
5.0	Additional Agenda Items
	5.1 Approval of the Agenda <ul style="list-style-type: none"> Emelie motion to approve, Brandie seconded. All in favour.
	5.2 Declaration of Conflict of Interest <ul style="list-style-type: none"> No conflicts declared
6.0	Previous Meeting Minutes - Review and Approval <ul style="list-style-type: none"> Motion to accept the February 20, 2020 minutes moved by Karen, seconded by Emelie. Approved. Motion to accept the April 16, 2020 minutes moved by Karen, seconded by Katie. Approved.
7.0	Community Engagement – On Hold
8.0	Business Arising
9.0	New Business <p>9.1 Plan for June Meeting</p> <ul style="list-style-type: none"> Nancy asked the members the following question: If the NWT moves into phase 2 of the emerging wisely plan and if we have a larger meeting space to maintain social distance, would you be comfortable meeting in person for our June 18th meeting?

	<ul style="list-style-type: none"> • A member confirmed that travel from their community to Yellowknife is not an issue • Nancy, Liliana and Michelle to meet to plan out meeting • Nancy suggested to invite the cancer navigators postponed from our April meeting. Members agreed.
10.0	<p>Chairperson Report – previously circulated by email. Brief update report</p> <ul style="list-style-type: none"> • Nancy encouraged members to talk to people in their communities to join this council as there are two vacant seats • Nancy mentioned an upcoming Quality Committee meeting happening on May 26, 2020 • Members are encouraged to review the NTHSSA website for schedule of services
11.0	<p>COO Report</p> <ul style="list-style-type: none"> • Liliana reviewed her report • A member questioned the status of CYCC (Child and Youth Care Counsellor) and the loss of counsellors for the new school year <ul style="list-style-type: none"> • Funding has not been approved yet for this to move forward • Nancy will bring forward at the next Leadership Council meeting • A member expressed concern about the lack of access to technology for some students and reliance on virtual care • A member expressed concern that when people are calling mental health lines that they are provided a number for Ottawa. <ul style="list-style-type: none"> • Liliana will follow up with the Manager of Community Mental Health & Adult Services
12.0	<p>Roundtable Updates- Community activities, questions and concerns</p> <ul style="list-style-type: none"> • Discussed in other areas of the agenda
13.0	<p>RWC Report to Leadership Council- what items do we want to take forward to the Leadership Council?</p> <ul style="list-style-type: none"> • Recommendations from the Sobering Centre, specifically that the RWC endorses the Managed Alcohol Program and for it to be continued • COVID funds distribution (food vouchers instead of cash) • Long Term Care Facilities – privately run facilities have huge number of infection rates and need to be taken into consideration for Legacy Stanton
14.0	<p>Closing Reflections / Prayer</p> <ul style="list-style-type: none"> • Emelie closed the meeting with a prayer
15.0	<p>Adjournment</p> <ul style="list-style-type: none"> • Nancy will continue to send out COVID updates • Meeting was adjourned at 5:14pm