



Yellowknife Regional Wellness Council Meeting Minutes

Wednesday, April 21, 2021

4:30 PM – 7:45 PM

Location: Goga Cho, 2nd Floor Boardroom (4916 47 Street)

Teleconference: 1 647 556 5305 | Code: 13371256#

Video: <https://my.telemerge.ca/meet/13371256>

Mission: Working with people to optimize wellbeing through the provision of collaborative and culturally appropriate health and social service

Vision: Healthy People, Healthy Families, Healthy Communities

Values: Collaboration Accountability Integrity Respect

Cultural safety: An outcome where Indigenous peoples feel safe and respected, free of racism and discrimination, when accessing health and social services.

Attendance:

- Elizabeth Liske**, Chair
- Liliana Canadic**, COO
- Helna Poruthur**, EA – Minutes
- Katey Simmons**
- Nancy Cymbalisty**
- Marie Speakman**
- Gilbert Langsi**
- Brandie Miersch** (via phone)
- Allen Stanzell** (via phone)
- Gloria Enzoe** (via phone)

Guests:

- Ashley Crump** – Territorial Specialist, Palliative Care
- Lisa Rayner** – Director, Health Services
- Jacky Miltenberger** (via phone) – Communications Coordinator
- Jennifer Drygeese** – Director Community Wellness, Yellowknives Dene First Nation (YKDFN)

Regrets:

- Nancy Trotter**

#	Item	Time	Responsibility
1.0	Call to Order Meeting called to order at 4:35pm.	4:35	Elizabeth Liske
2.0	Reflection/Prayer Opening Prayer was led by Marie.	4:36	Marie Speakman
3.0	Welcome & Introductions Elizabeth welcomed everyone to the meeting, including special guests. Introduction to guest speakers – Ashley, Lisa, Jacky, and Jennifer.	4:40	Elizabeth Liske



	3.1 Acknowledgement of traditional territory		Elizabeth Liske
	3.2 Safety Overview		Liliana Canadic
4.0	Guest Speaker	4:45	
	<p>4.1 Palliative Care and Goals of Care Ashley Crump – Territorial Specialist, Palliative Care Lisa Rayner – Director, Health Services Jacky Miltenberger – Communication Coordinator</p> <p>Focus of the discussion:</p> <ul style="list-style-type: none">• Advance Care planning• Palliative Care planning• Goals of Care <p>Questions and Answers:</p> <ol style="list-style-type: none">1. Q: How are goals of care shared when patient is transferred from Community Health Centres to Stanton? <i>A:</i> The Goals of care form travels with the person across the system, historically this information used to be within an acute care setting but now with these conversations taking place in primary care setting as well, the form will be scanned to the EMR (Electronic Medical Record) that can be accessed by multiple health professionals involved in the care plan of the patient.2. Q: What is the estimated timeline for this project to be completed? <i>A:</i> Originally, the project was to start in January 2021 but due to COVID start has been delayed, so the work is initiated in April 2021. The team is seeking ongoing feedback on the project from all stakeholders, including input regarding culturally sensitive approach to communication regarding the Goals of Care.3. Q: Is medically assisted dying a plan in conversation within your project? <i>A:</i> Medical Assistance In Dying (MAID) is legal in the Territory. Anyone can request information about it. MAID can be organized and in fact we did have it take place in NWT. <p>A member raised a commentary question, "What are ways to indigenizing forms?" The forms are mostly in English with high level information that does not always translate to indigenous language. Perhaps this can be</p>	Ashley Crump Lisa Rayner Jacky Miltenberger	



	taken as a feedback, to include more visual's when promoting in the community.		
5.0	Agenda and Minutes	6:10	Elizabeth Liske
	3.1 Previous Meeting Minutes – Review and Approval Changes to the previous minutes as below: <ul style="list-style-type: none">• Q&A from presentations to be included into the body of the minutes Motion to accept minutes with changes, moved by Katey and seconded by Gilbert. All in favor.		
	5.2 Approval of Agenda Motion to approve by Gilbert seconded by Nancy C. All in favor.		
	5.3 Declaration of Conflict of Interest No conflicts were declared.		
6.0	Business Arising	6:15	Elizabeth Liske
	6.1 Annual Plan Review – Plan for May, June, Sept A brief discussion on travelling into the communities for the upcoming Regional Wellness Council meeting: Will the community be open to host gatherings? <ul style="list-style-type: none">• Community is only allowing gatherings up to 25 people. Due to restrictions on travelling to the communities, May and June meetings will be held in Yellowknife. Community meetings to be revisited later. Can the meeting be held outside (as an outdoor event), when in the community? <ul style="list-style-type: none">• May month will still be cold to host outside meetings. How will the logistics look like when planning for the outdoor/indoor meeting, when in the community? <ul style="list-style-type: none">• The Health Centre boardroom can be used as a Teleconference Room (with Telemerge or Zoom capabilities), however the Internet speed is generally slow in the communities. Options for outdoor, on the land, interactive meeting can be discussed as an option.		



	<p>What are the benefits of hosting the meeting in the community?</p> <ul style="list-style-type: none">• There is a range of benefits including – chance to see the community members, connect with the community, address their issues, and involve in community talk, introduce role of the Council. The plan included holding the formal RWC meeting in the community location and in the second half of the day have community engagement gathering. <p>Other options for community engagement, in the interim, were discussed:</p> <ul style="list-style-type: none">• Invite Community Health Representatives (CHR's) to join the RWC meeting and share their experiences with community engagement, value of the role and examples of the work they get involved in as well as for the RWC to seek advice on the community engagement strategies going forward.• May meeting: invite CHR's from both communities to join the meeting• June meeting: the main focus of discussion will be to reflect on the past year and what we learned about the health and social services system, gaps we have identified and recommendations we took forward as well as plan for the year ahead.		
7.0	<p>New Business</p> <p>7.1 CHR (Dettah/N'Dilo)</p> <p>Guest Speaker: Jennifer Drygeese presented briefly on Yellowknives Dene First Nation & their request to have CHR in the community</p> <p>Request, including the CHR Job Description was circulated at the start of the meeting.</p> <p>Question and Answers discussed as below:</p> <ol style="list-style-type: none">1. Q: Is the goal to advocate for positions to hire in Yellowknife? A: Yes. The position can be funded under GNWT and managed by YKDFN. The job description provided will be serving as a sample for this funded position.2. Q: How do you want, the RWC, to make this project a reality?	5:50	Elizabeth Liske



	<p>A: Easiest way right now will be to provide First Nations with the funding since we don't have the resources (no health care professionals). We are working towards getting more presence in the community and, once established, provide more support.</p> <p>3. Q: Who is responsible for medical care (emergency) if that person is in Dettah or N'dilo?</p> <p>A: It will be the patient's responsibility to call for Ambulance.</p> <p>A member provided good feedback on the liaison with Home Care nurses to the presenter.</p> <p>It was suggested that it is important to implement better communication mediums to involve the community in question (for example, use of native languages).</p> <p>A member shared experience with importance of the CHR role in the community because of the engagement and consistency with the care provided to the population residing in smaller communities. Role of the CHR during COVID includes health promotion, information sharing about the COVID testing and COVID immunization and supporting communication about the COVID clinics activity in the communities and COVID rapid testing availability in the community.</p> <p>In a follow up to this presentation, RWC members will review the proposal shared by Jennifer, have presentation from the two CHR's we have in the Region, at the next meeting.</p> <p>After that RWC will determine next steps, including a decision to formulate a recommendation regarding this request to Leadership Council vis RWC Chair and COO.</p>	6:35	
8.0	<p>Chairperson Report</p> <p>8.1 Leadership Council Summary Report</p> <p>The LC Summary report was circulated with the agenda.</p> <p>A member raised question on item 15, regarding the vaccine hesitancy and if the issue was from the smaller community or from Yellowknife?</p> <ul style="list-style-type: none">COO addressed to this question stating that there are several different reasons for hesitancy. Currently we are seeing lower than expected for	6:45	Elizabeth Liske



	<p>the younger population (18-29) so any feedback the Members can provide regarding the engagement of the community or younger population is welcome. Current strategies include information on different languages, door to door information sharing, health centre staff on the local radio answering questions etc.</p> <p>A member provided positive feedback on the administration of the first round of vaccines that was sent out to the community; the nurse who came along was really noted by the community because they helped answer their questions/concerns on the vaccine.</p> <p>As promotional advice, a member added, to include statistical data (rate of immunization by community) as resources to advertise in the community which in turn may help reach the target audience.</p>		
9.0	<p>COO Report</p> <p>The COO Report summary was circulated with the agenda.</p> <p>Follow up regarding the concerns, brought forward from the community of Fort Resolution and through the RWC member, the Chief Louis Balsillie of Deninu K'ue First Nation and the MLA, was highlighted.</p> <p>COO reviewed concerns regarding the service, personnel, access to care and quality of care.</p> <p>Recommendations were shared with the Chief Louis Balsillie of Deninu K'ue First Nation on April 1, 2021.</p> <p>Next steps are:</p> <ul style="list-style-type: none">• Regional Manager, Community Health to spend longer and focused time in the community, to better understand opportunities for improvement and provide additional recommendations to the draft quality improvement plan• Once finalized, Quality Improvement Plan will be shared with health centre staff and community leaders• Implementation to start right after, led by the Regional Manager and oversight of the plan to include regional and community leadership.	6:55	Liliana Canadic
10.0	<p>Roundtable Updates- Community activities, questions, and concerns</p>	7:05	Elizabeth Liske



	Deferred to the next meeting. 10.1 Fort Resolution Community A member shared a reflective story on a patient visit to the Health Centre in order to address some of the challenges/mistreatment faced by the community. Another member provided insight on this fundamental problem being trust, respect and participation between the nursing staff in the Health Centre and the community members. Suggestions: <ul style="list-style-type: none">• Coordinating meeting with community representatives to brainstorm ideas on improving broken relationships• This meeting will solely be dedicated to listen to the concerns of the community without question• Having nursing staff attend community events (for example, Feeding the Fire)• Being respectful when asking patients health-related questions while visiting the Health Centre• Get detailed reports from Patient Complaints team• Talking to Aurora College instructors on educating and advocating for Indigenous population• Comparison of staff worked previously with the community and extract skills that worked well		
11.0	RWC Report to Leadership Council - Items to take forward to the Leadership Council <ul style="list-style-type: none">• Recommendation from members to take item 7.1 (CHR) to the Leadership Council• A member asked about Family Violence presentation and was provided with the copy of the LC report that summarized this topic• A member inquired on the waitlist for Long Term Care in the current hospital; Liliana will follow-up with COO of Stanton region on this question• A member inquired on Yellowknife getting more speciality physicians to avoid travel to Southern cities<ul style="list-style-type: none">○ In response, Liliana provided background on the ability to recruit and availability of resources for complex surgeries (for example, lack of particular ICU beds)	7:30	Elizabeth Liske
12.0	Closing Reflections / Prayer Closing prayer was led by Gilbert.	7.40	Gilbert Langsi



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13.0	Motion to Adjourn Motion to adjourn by Marie and seconded by Gilbert. All in favor.	7:45	Elizabeth Liske
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Next Meeting – May 19th, 2021