

Yellowknife Regional Wellness Council Meeting Minutes

Thursday, January 21, 2021

4:30 PM – 7PM

Location: Goga Cho, 2nd Floor Boardroom (4916 47 Street)

Teleconference: 1 647 556 5305 | Code: 13371256#

Video: <https://my.telemerge.ca/meet/13371256>

Mission: Working with people to optimize wellbeing through the provision of collaborative and culturally appropriate health and social service

Vision: Healthy People, Healthy Families, Healthy Communities

Values: Collaboration Accountability Integrity Respect


Cultural safety: An outcome where Indigenous peoples feel safe and respected, free of racism and discrimination, when accessing health and social services.

Attendance:

- X **Nancy Trotter** (Chair)
- X **Nancy Cymbaslisty**
- X **Katie Simmons**
- X **Liliana Canadic**, COO
- X **Helna Poruthur**, EA – Minutes
- X **Liz Liske**
- X **Brandie Miersch** (via phone)
- X **Marie Speakman**
- X **Allen Stanzell** (via phone)

Guests (all virtual attendance):

- X **Nina Larsson** - Senior Advisor, Early Childhood Development
- X **Kyla Kakfwi** – Project Lead, Primary Health Care Reform
- X **Larissa Doyle** – Territorial Lead, Preservation and Prevention Services
- X **Khrystele Lacoste** – Interim Regional Manager, Public Health

#	Item
1.0	Call to Order <ul style="list-style-type: none"> • Meeting called to order at 4:42pm
2.0	Reflection/Prayer <ul style="list-style-type: none"> • Prayer led by Marie
3.0	Welcome & Introductions Acknowledgement of traditional territory Safety Overview – Liliana <ul style="list-style-type: none"> • Nancy welcomed everyone to the meeting, including special guests • Introduction to Guest speakers – Nina, Kyla and Larissa
4.0	Guest Speaker Healthy Family Program Renewal – Nina Larsson  Health Family Program Renewal_R

	<p>Question and Answers discussed as below:</p> <ul style="list-style-type: none"> • Is the program being delivered in the communities, of Dettah, N'Dilo, Lutsel'Ke and Ft. Resolution? Will the five new sites include these communities? <ul style="list-style-type: none"> ○ Currently only delivered in Yellowknife as there is no funding for the communities ○ Continue having engaged conversations and suggestions can be brought forward to the program • How do families find out about the program? Will the program include pre-schoolers? <ul style="list-style-type: none"> ○ Public Health is currently responsible for referring families, but family members can ask for a direct referral at most sites; there is also word of mouth and relying on other health care professionals to refer to the program; various postings have been posted throughout the community on various topics of interests ○ The program services currently begin prenatally or shortly after birth and may continue to be offered until the child is 5 years of age ○ A member shared their own experience on how helpful the program was to them and how it has evolved over time • Any thoughts on expanding to the school aged children? <ul style="list-style-type: none"> ○ Focus for this program is on younger children under age five • Will the new plan accommodate expecting families? How will they gain access to the program? <ul style="list-style-type: none"> ○ Above mentioned referral process will stay the same in addition to proactively inviting the families according to the level of need; the process is still in works and have developed a guiding document ○ Goal is to move away from the Health Care professional referrals and have the families decide, getting community engagement while collaborating with partners in spreading the word ○ As the community didn't have any surveys like Yellowknife, this will be a big change to accommodate • How will the realignment of this program to look like in the region? <ul style="list-style-type: none"> ○ Reporting structure, who they work on the ground or any structural change remains the same ○ Public health will continue to use outreach • Will the parenting program have a similar model like the Integrated Care Teams? <ul style="list-style-type: none"> ○ On-going conversations around this model and looking at ways to incorporate knowledge from the Elders in the community • Will there be Dene languages used in the program? <ul style="list-style-type: none"> ○ Continue to engage with the Elders in the community to gain the knowledge so that language can be included into the program
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	<ul style="list-style-type: none"> • Will there be a similar support program to this one, offered for the men/fathers? <ul style="list-style-type: none"> ◦ This will require indigenous men to lead workshops to be conducted within the program to spread the word, developing the process through curriculum • Will there be cultural and safety training included for staff who deliver the program? <ul style="list-style-type: none"> ◦ Training will be hosted in the schools; core competency training does include culture and safety <p>A member recalled a similar program that has been running in Ft. Resolution, for almost two years. The Canada Prenatal Nutrition Program (CPNP). This program is for prenatal till age one with \$100 vouchers being given to families for nutritional food once a month.</p> <p>Presenter further added, there are federal pots of funding for Canada Prenatal Program; the program from Ft. Resolution might be in collaboration with Federal initiatives and so the mandate might be different; the community wellness funding goes out to all regions, based on the population; the source of funding will need to be looked at for more concrete answers</p>
5.0	5.1 Approval of Agenda <ul style="list-style-type: none"> • Motion to approve by Nancy C. seconded by Marie. All in favor
	5.2 Declaration of Conflict of Interest <ul style="list-style-type: none"> • No conflicts were declared.
	Previous Meeting Minutes – Review and Approval <ul style="list-style-type: none"> • Grammatical errors noted by Liliana • Motion to accept minutes with changes, moved by Marie and seconded by Katey. All in favor.
6.0	Business Arising
	6.1 COVID Immunization <ul style="list-style-type: none"> • COVID immunization updates, will be covered under COO report (Agenda item #9.0)
	6.2 Conversation with COO Stanton <ul style="list-style-type: none"> • Georgina Veldhorst, COO Stanton Territorial Hospital, has agreed to come speak at our February meeting • RWC members are asked to bring forward to the Chair any questions for COO, Stanton (due in two weeks time)
7.0	New Business
	7.1 CHR (Dettah/N'Dilo) <ul style="list-style-type: none"> • Item deferred
8.0	Chairperson Report <ul style="list-style-type: none"> • The chair report was circulated with the agenda. • Nancy was unable to attend most of the Leadership Council meeting December 8 to 10 due to personal reasons. • Allen reviewed a summary of the Leadership Council meeting, December 8 - 10.

	<ul style="list-style-type: none"> • The summary is attached to the chair’s report. • Nancy sent an email communication to Ashley Crump to request a presentation on Advanced Care Planning and palliative care for our April meeting.
9.0	<p>COO Report</p> <ul style="list-style-type: none"> • Liliana reviewed the report and highlights • Members brought forward confusion about the age eligibility, last minute changes and challenges in getting information and appointments. • Some found out about the change through the word of mouth. • Some were frustrated as the calls were not returned. • Liliana acknowledged the eligibility age change from 75 to 60 was a last-minute decision. Communications did their best to communicate out and inform the public. • Social media is seen as good venue for communication. • Public Health staff was faced with the challenge of managing high number of incoming calls (over 200 on some days) but was able to return all calls within 24-48 hours. • COVID vaccine update is shared with community leadership as well. • It was identified in conversation with the community that there needs to be better and timely communication about the availability of rapid COVID testing in the community. • Feedback about any other venues for communication in the community is welcome. • For the next week COVID immunization clinic at the Multiplex, there is no change in the age group and qualifying criteria. • Immunization cards are given out. <p>Members recommended improvement in communication when advertising upcoming vaccination clinics.</p> <p>Member asked clarification about the item #5 in the COO report and suggested community RWC member is invited to community meetings related to health and social services issues.</p>
10.0	<p>Roundtable Updates- Community activities, questions, and concerns</p> <ul style="list-style-type: none"> • A member shared information on the, Active Aging Canada program. • A member shared that updates from the Wellness Committee has been slow • Conversation on dental services, a member asked if dental services are provided to first nations people under the <i>Non-Insured Health Benefits</i> (NIHB) Program
11.0	<p>RWC Report to Leadership Council- what items do we want to take forward to the Leadership Council?</p> <ul style="list-style-type: none"> • Deferred
12.0	<p>Closing Reflections / Prayer</p> <ul style="list-style-type: none"> • Closing prayer led by Nancy C.
13.0	<p>Motion to Adjournment</p> <ul style="list-style-type: none"> • Motion to adjourn moved by Liz, seconded by Nancy C.

Next Meeting – February 24, 2021.